

Parent Groups

Name of the Group	Location	Dates	Purpose	Facilitator	Cost	Contact info	Ongoing?
Spectrum Support Group	The Spahr Center: 910 Irwin St, San Rafael	2nd Tuesday of every month 7:00-9:00	For parents/caregivers raising transgender, gender expansive, or gender questioning children/youth	Cammie Duval MFTi and Janna Barkin	FREE	415.250.3194	Yes
Positive and Peaceful Parenting	Family Works: 4 Joseph Ct., San Rafael, CA94903	Tuesdays July 7th-August 2nd 6:30-8:30	Learn innovative and effective ways to deal with parenting challenges. Group discussions, interactive exercises, take home materials, and certificate of completion.	Family Works Staff	Adjustable Fees	415.492.0720	No
Adoptions groups	Seneca Center 3100 Kerner Blvd, Suite C1, San Rafael	1st (post-adoption) and 3rd (pre-adoption) Tuesdays 5:30-7:30 *Childcare and food provided	Supporting families who have or are thinking of adopting	Cherry Jones, MFT	FREE	cherryjonesmft@gmail.com	Yes

Please note: We are happy to provide this list for your convenience, however Tamalpais Union High School District (TUHSD) does not recommend any particular therapist or support group.

This list is for information sharing only and does not imply TUHSD endorsement.