

Redwood High School Wellness Survey Summary (Staff Report)

April 27, 2015

ETR

1333 Broadway Street, Suite P110
Oakland, CA 94612

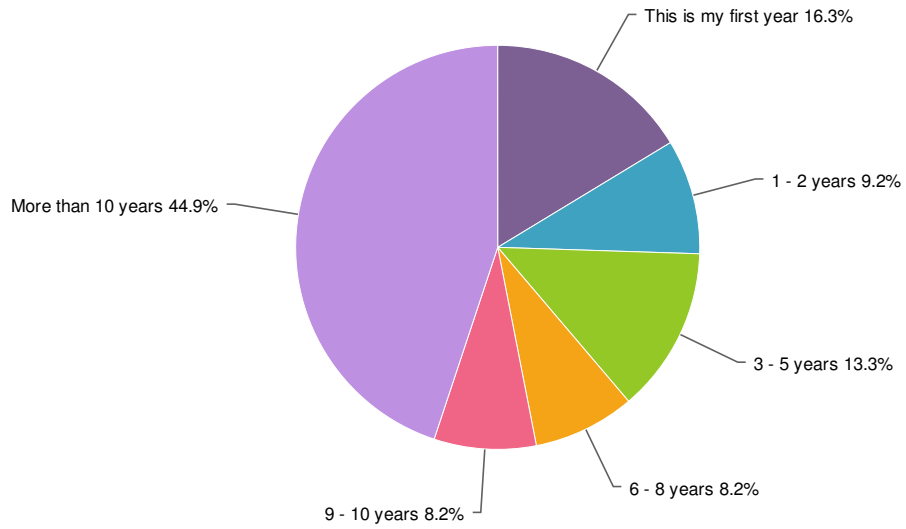
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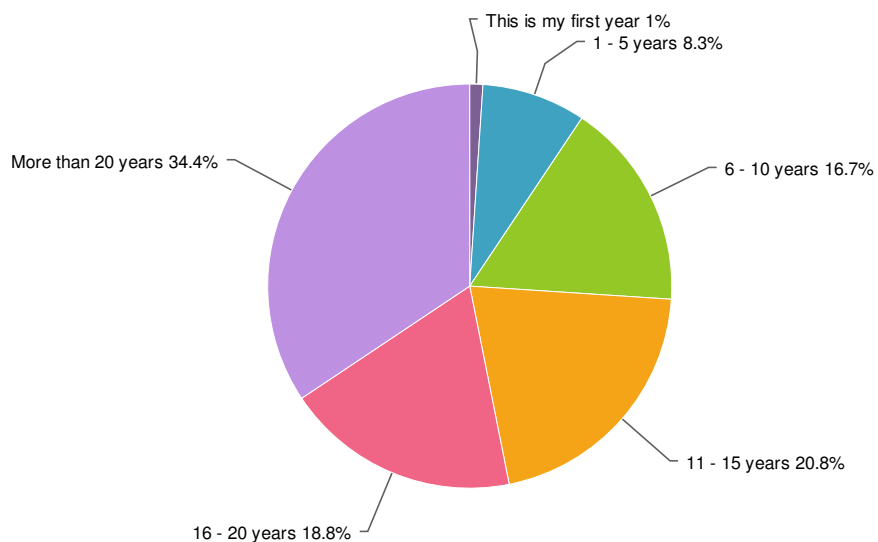
Redwood Staff Survey Report

1. How long have you been working at Redwood High School?



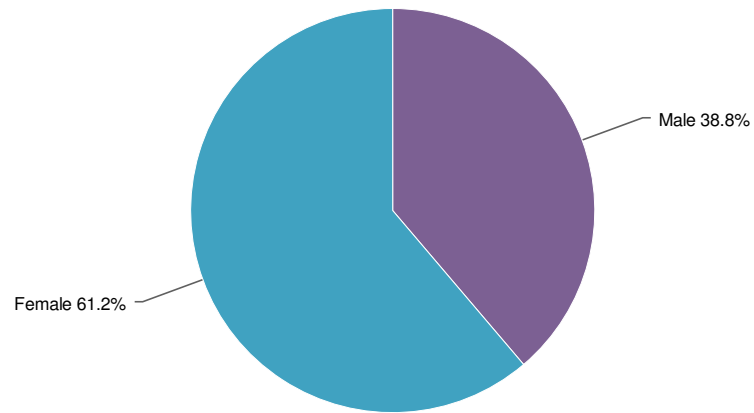
Value	Percent	Count	Statistics	
This is my first year	16.3%	16	Sum	168.0
1 - 2 years	9.2%	9	Average	4.4
3 - 5 years	13.3%	13	StdDev	2.9
6 - 8 years	8.2%	8	Max	9.0
9 - 10 years	8.2%	8		
More than 10 years	44.9%	44		
		Total		98

2. Including your work at Redwood High School, how long have you been working with youth under the age of 18?



Value	Percent	Count	Statistics	
This is my first year	1.0%	1	Sum	612.0
1 - 5 years	8.3%	8	Average	9.9
6 - 10 years	16.7%	16	StdDev	5.0
11 - 15 years	20.8%	20	Max	16.0
16 - 20 years	18.8%	18		
More than 20 years	34.4%	33		
Total		96		

3. What is your gender?



Value	Percent	Count
Male	38.8%	38
Female	61.2%	60
Transgender	0.0%	0
Total		98

4. What do you identify as the top 3 social and emotional challenges faced by students at Redwood High School?

	Score*	Overall Rank
Stress and pressure around academic performance	928	1
Anxiety	527	2
Social Challenges (Fitting In)	405	3
Alcohol Use	357	4
Family Issues	356	5
Drug Use (Other than Alcohol)	247	6
Depression	201	7
Low Self-Esteem	88	8
Unhealthy Relationships	58	9
Cyber-Bullying	45	10
Other	26	11
Making Decisions about Sex	22	12
Verbal Harassment	9	13
Bullying at School	6	14

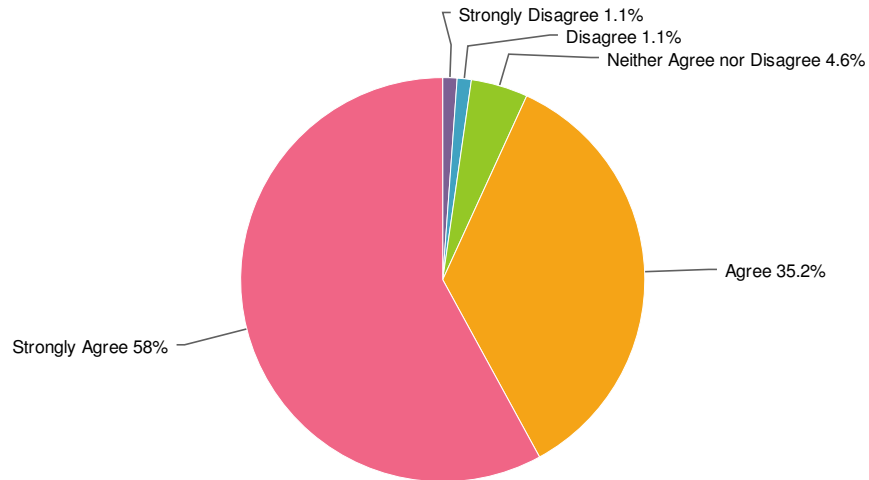
Total Respondents 86

*Score is a weighted calculation. Items ranked first are valued higher than the following ranks, the score is the sum of all weighted rank counts.

5. Please rate your level of agreement with the following statements.

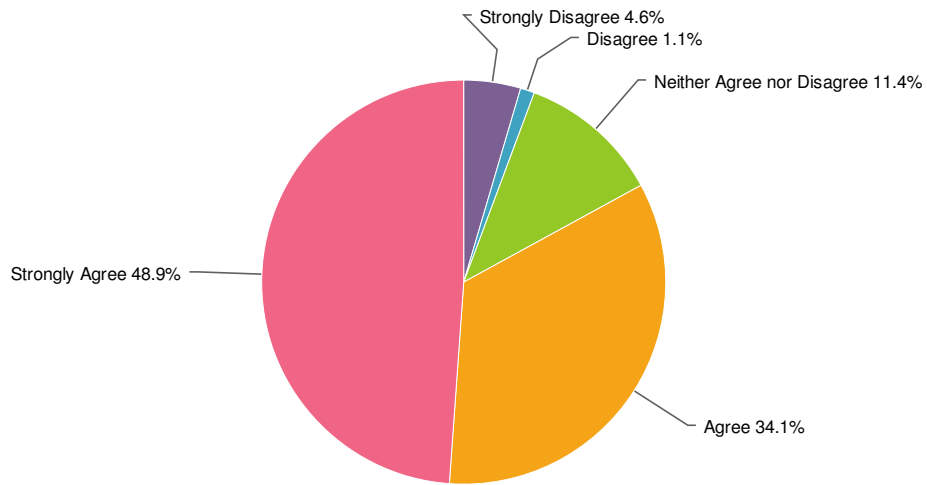
	Strongly Disagree	Disagree	Neither Agree nor Disagree	Agree	Strongly Agree	Responses
Student academic success is linked to their physical health.	1 1.1%	3 3.4%	6 6.7%	52 58.4%	27 30.3%	89
Student academic success is linked to their peer relationships.	0 0.0%	1 1.3%	14 17.9%	50 64.1%	13 16.7%	78
Student academic success is linked to their emotional well-being.	0 0.0%	0 0.0%	3 3.4%	43 48.3%	43 48.3%	89
Student academic success is linked to their relationships with staff.	0 0.0%	3 3.5%	12 14.1%	50 58.8%	20 23.5%	85
Student academic success is linked to their home / family relationships.	0 0.0%	0 0.0%	2 2.3%	49 56.3%	36 41.4%	87

6. Please rate your level of agreement with the following statement. Students should be able to access mental health services (e.g., individual counseling, case management, and support groups) at the Redwood Wellness Center.



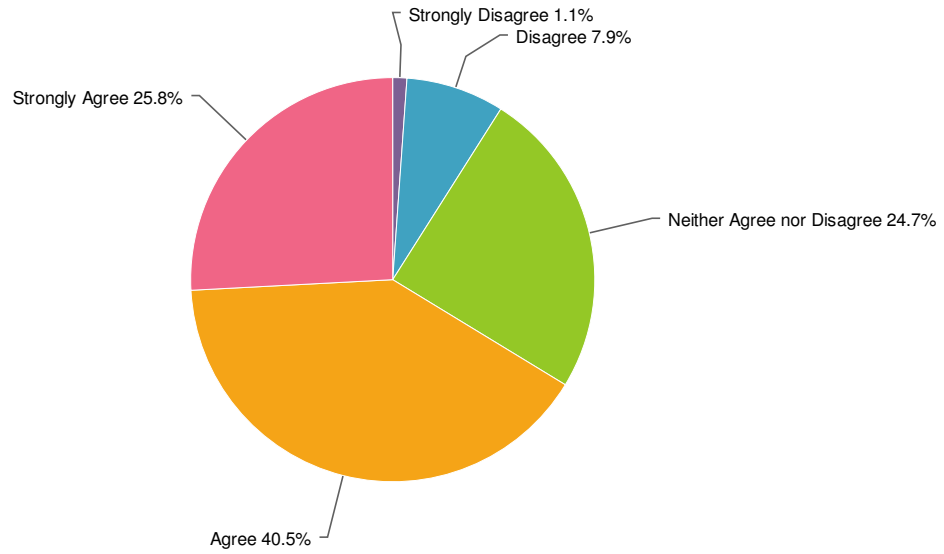
Value	Percent	Count
Strongly Disagree	1.1%	1
Disagree	1.1%	1
Neither Agree nor Disagree	4.6%	4
Agree	35.2%	31
Strongly Agree	58.0%	51
Total		88

8. Please rate your level of agreement with the following statement. Students should be able to access alcohol and other drug use and abuse services at the Redwood Wellness Center.



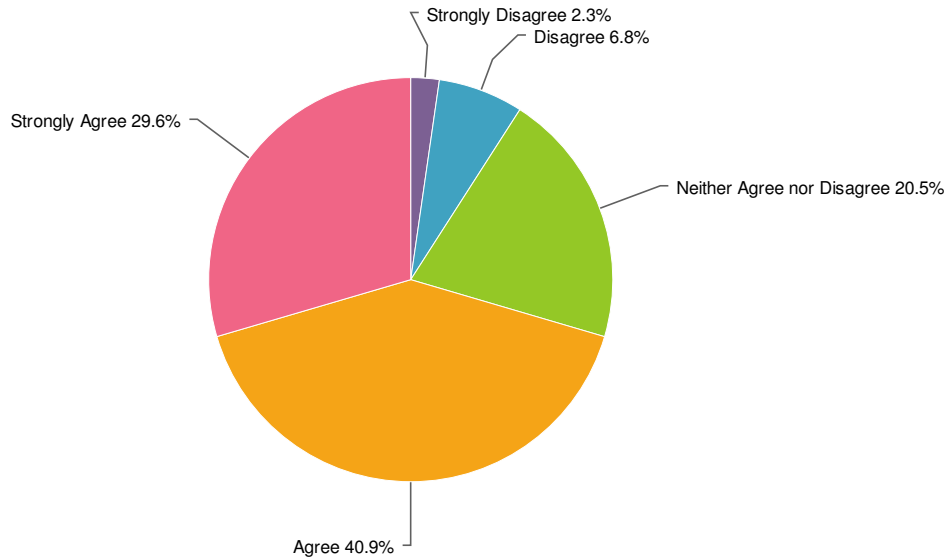
Value	Percent	Count
Strongly Disagree	4.6%	4
Disagree	1.1%	1
Neither Agree nor Disagree	11.4%	10
Agree	34.1%	30
Strongly Agree	48.9%	43
Total		88

10. Please rate your level of agreement with the following statement. There is a need for reproductive health services for students (e.g., sex education, birth control, STD testing, pregnancy testing) at Redwood High School's Wellness Center.



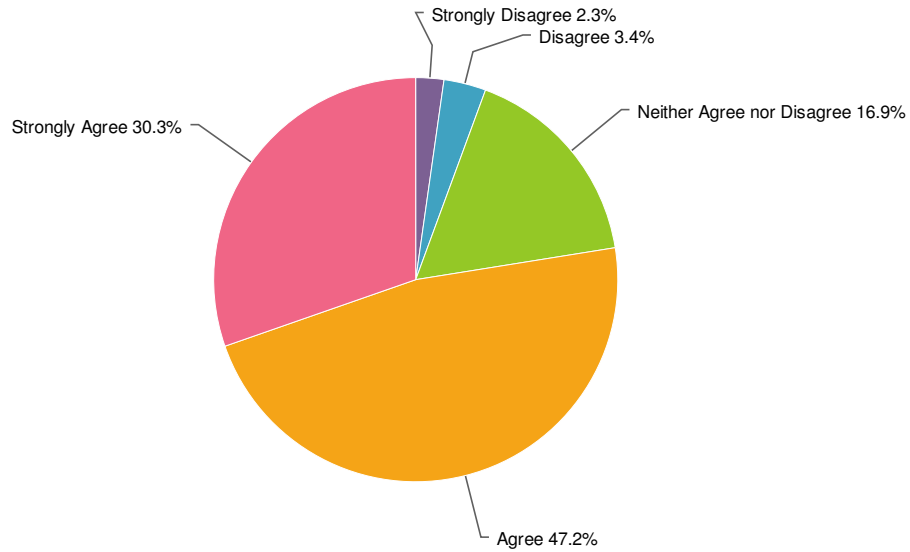
Value	Percent	Count
Strongly Disagree	1.1%	1
Disagree	7.9%	7
Neither Agree nor Disagree	24.7%	22
Agree	40.5%	36
Strongly Agree	25.8%	23
Total		89

11. Please rate your level of agreement with the following statement. Students should be able to access reproductive health services (e.g., sex education, birth control, STD testing, pregnancy testing) at the Redwood Wellness Center.



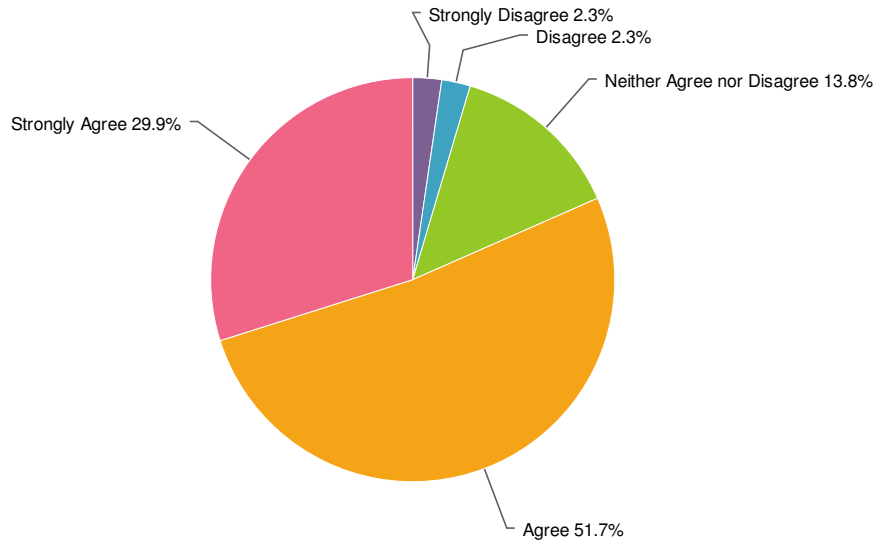
Value	Percent	Count
Strongly Disagree	2.3%	2
Disagree	6.8%	6
Neither Agree nor Disagree	20.5%	18
Agree	40.9%	36
Strongly Agree	29.6%	26
Total		88

13. After reviewing the results of the CDC fact sheet, please rate your level of agreement with the following statement. There is a need for reproductive health services for students (e.g., sex education, birth control, STD testing, pregnancy testing) at Redwood High School's Wellness Center.



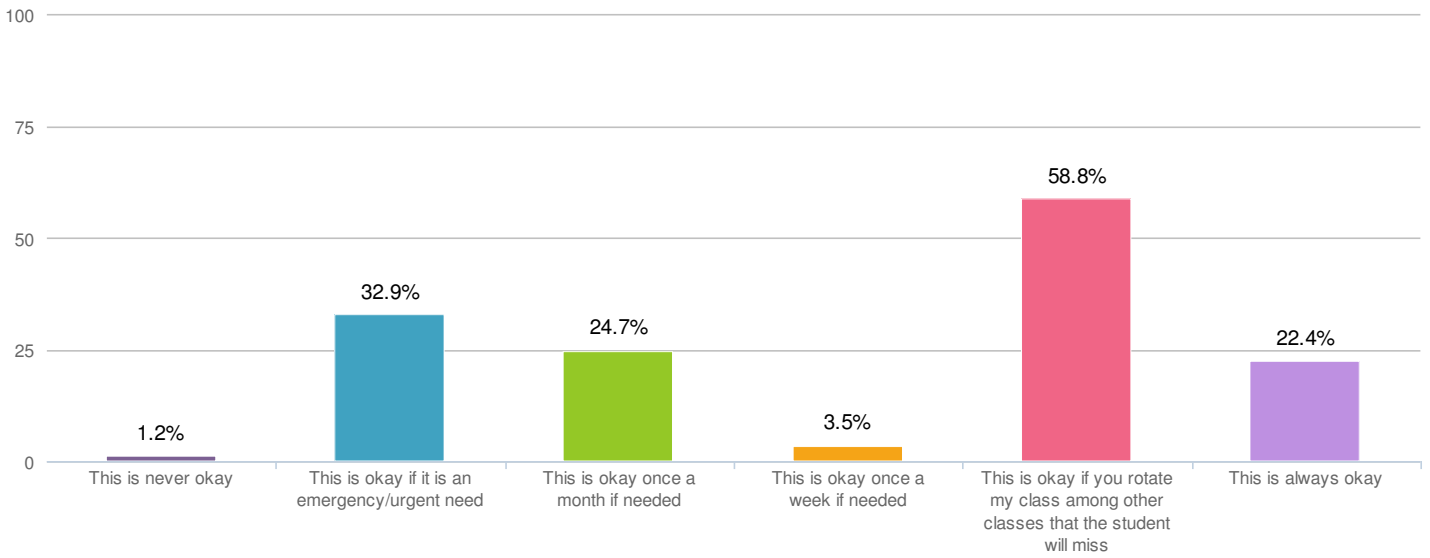
Value	Percent	Count
Strongly Disagree	2.3%	2
Disagree	3.4%	3
Neither Agree nor Disagree	16.9%	15
Agree	47.2%	42
Strongly Agree	30.3%	27
Total		89

14. Please rate your level of agreement with the following statement. Students should be able to access reproductive health services (e.g., sex education, birth control, STD testing, pregnancy testing) at the Redwood Wellness Center.



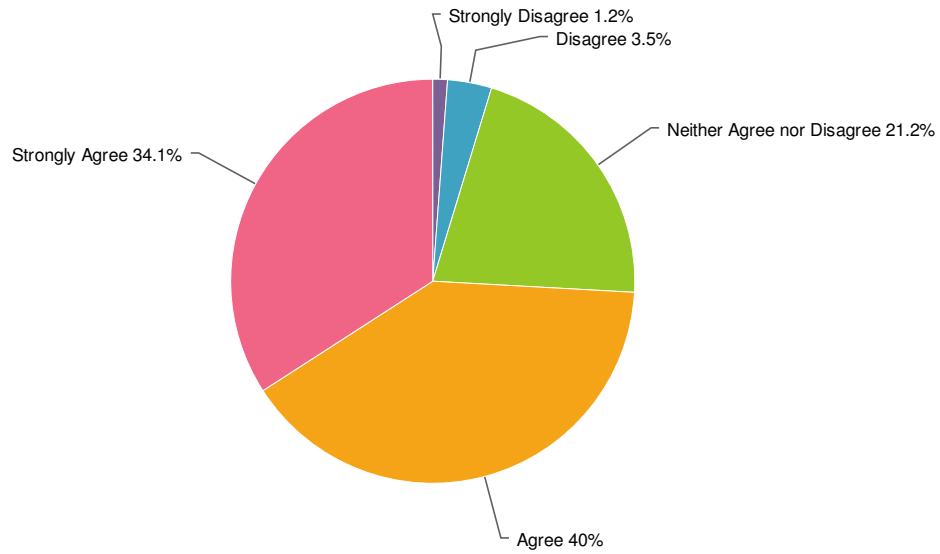
Value	Percent	Count
Strongly Disagree	2.3%	2
Disagree	2.3%	2
Neither Agree nor Disagree	13.8%	12
Agree	51.7%	45
Strongly Agree	29.9%	26
Total		87

15. How would you feel about students missing class for a health, mental health, substance use/abuse or reproductive health services appointment at the Wellness Center? (Select all that apply)



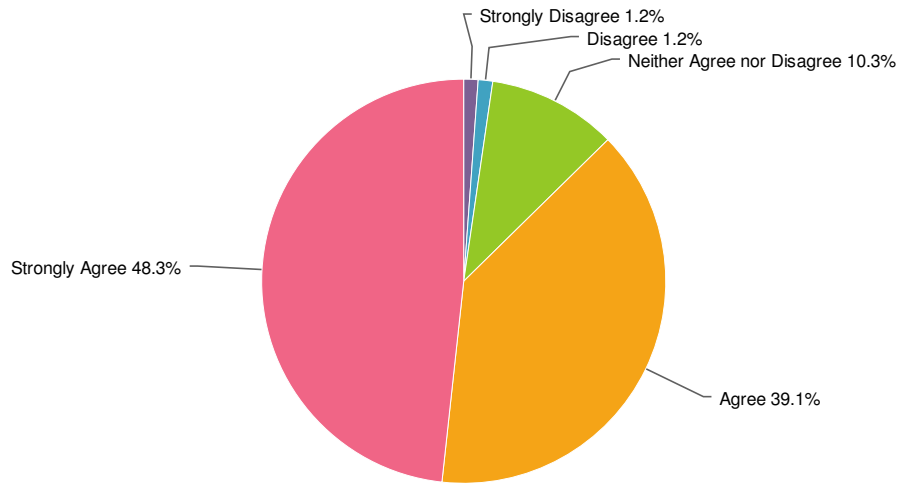
Value	Percent	Count
This is never okay	1.2%	1
This is okay if it is an emergency/urgent need	32.9%	28
This is okay once a month if needed	24.7%	21
This is okay once a week if needed	3.5%	3
This is okay if you rotate my class among other classes that the student will miss	58.8%	50
This is always okay	22.4%	19
Total		85

16. Please rate your level of agreement with the following statement: I am more likely to be okay with a student missing my class if I understand the challenges the student is facing and/or if the Wellness Center staff communicates with me about those challenges. (NOTE: CA / Federal law may prohibit information sharing with teachers)



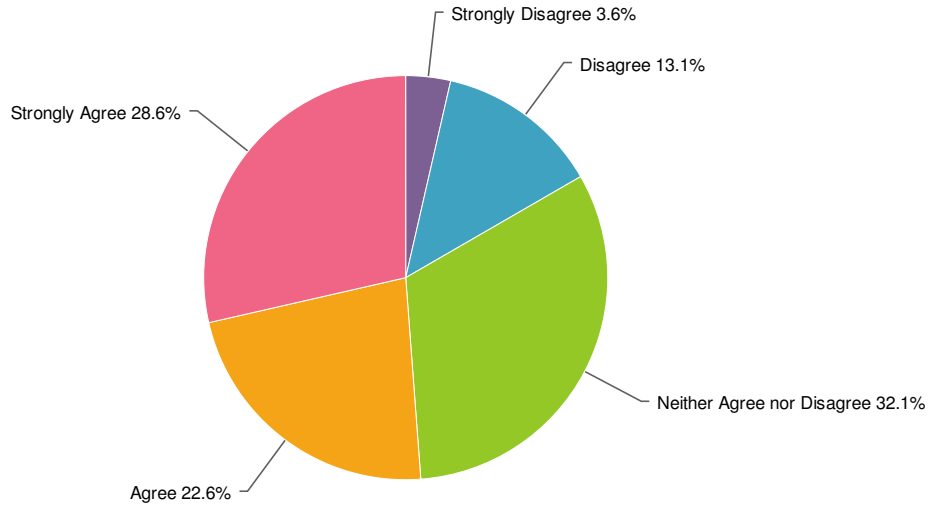
Value	Percent	Count
Strongly Disagree	1.2%	1
Disagree	3.5%	3
Neither Agree nor Disagree	21.2%	18
Agree	40.0%	34
Strongly Agree	34.1%	29
Total		85

17. Please rate your level of agreement with the following statement: If one of my students is accessing services at the Wellness Center (not including reproductive health services) and is comfortable with the Wellness Center Staff sharing information, I would welcome feedback from Wellness Center staff on how I can support this student in my classroom.



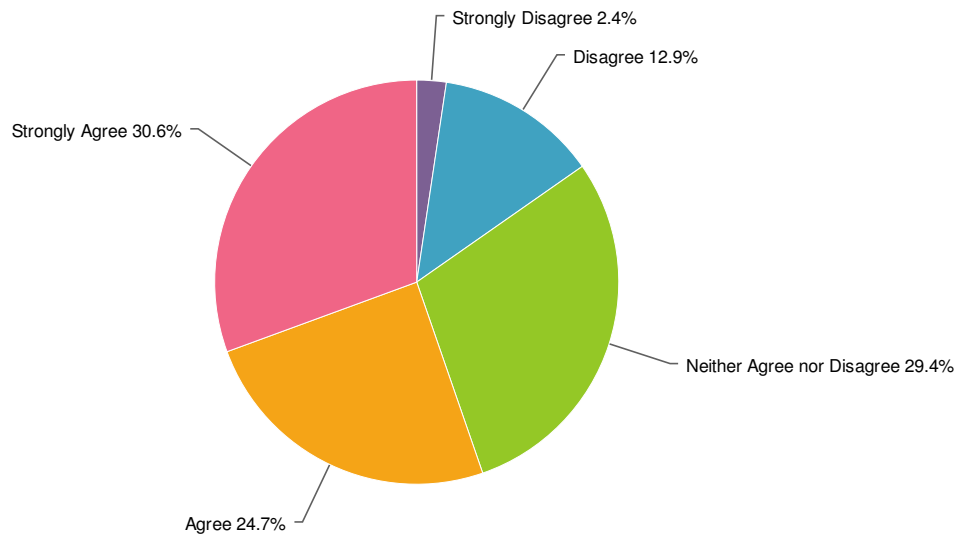
Value	Percent	Count
Strongly Disagree	1.2%	1
Disagree	1.2%	1
Neither Agree nor Disagree	10.3%	9
Agree	39.1%	34
Strongly Agree	48.3%	42
Total		87

18. Please rate your level of agreement with the following statement: I would sign up for classroom presentations 2-4 times a year for my students to receive education on health, mental health, substance use/abuse and reproductive health services. (Wellness would bring a presenter to your classroom).



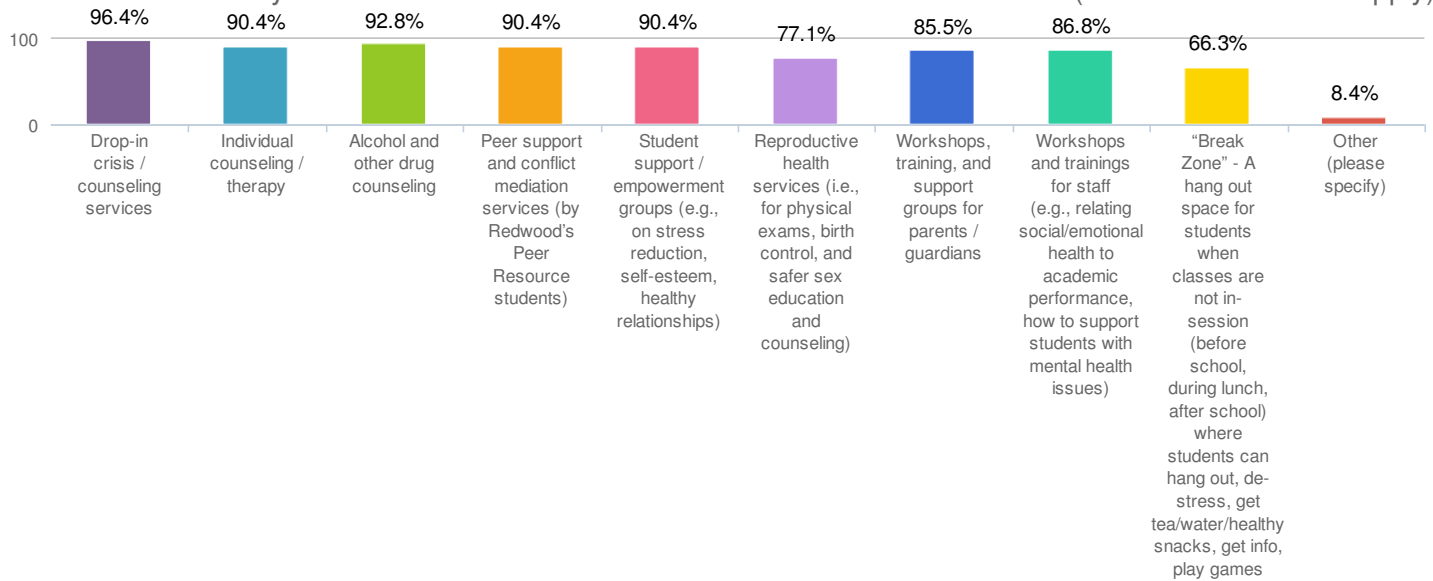
Value	Percent	Count
Strongly Disagree	3.6%	3
Disagree	13.1%	11
Neither Agree nor Disagree	32.1%	27
Agree	22.6%	19
Strongly Agree	28.6%	24
Total		84

19. Please rate your level of agreement with the following statement: I would like Wellness staff to talk to me and my department about integrating social and emotional learning opportunities into my curriculum.



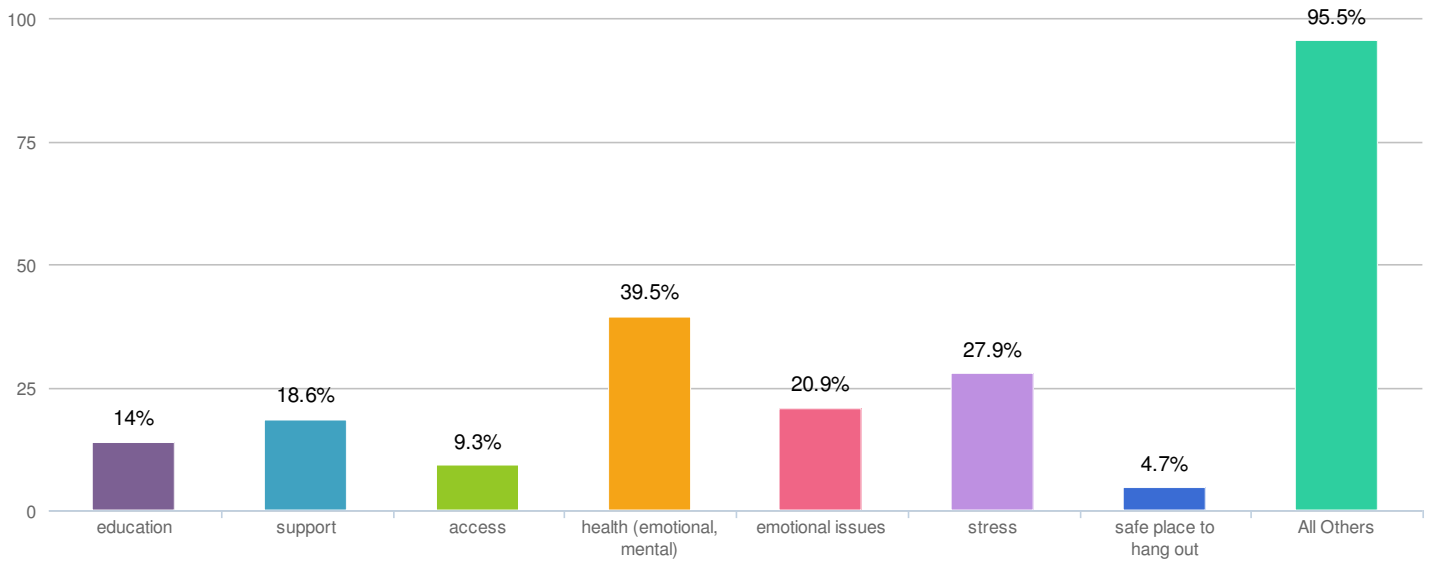
Value	Percent	Count
Strongly Disagree	2.4%	2
Disagree	12.9%	11
Neither Agree nor Disagree	29.4%	25
Agree	24.7%	21
Strongly Agree	30.6%	26
Total		85

20. What services do you think should be offered at the Redwood Wellness Center? (Please select all that apply)



Value	Percent	Count
Drop-in crisis / counseling services	96.4%	80
Individual counseling / therapy	90.4%	75
Alcohol and other drug counseling	92.8%	77
Peer support and conflict mediation services (by Redwood's Peer Resource students)	90.4%	75
Student support / empowerment groups (e.g., on stress reduction, self-esteem, healthy relationships)	90.4%	75
Reproductive health services (i.e., for physical exams, birth control, and safer sex education and counseling)	77.1%	64
Workshops, training, and support groups for parents / guardians	85.5%	71
Workshops and trainings for staff (e.g., relating social/emotional health to academic performance, how to support students with mental health issues)	86.8%	72
"Break Zone" - A hang out space for students when classes are not in-session (before school, during lunch, after school) where students can hang out, de-stress, get tea/water/healthy snacks, get info, play games	66.3%	55
Other (please specify)	8.4%	7
	Total	83

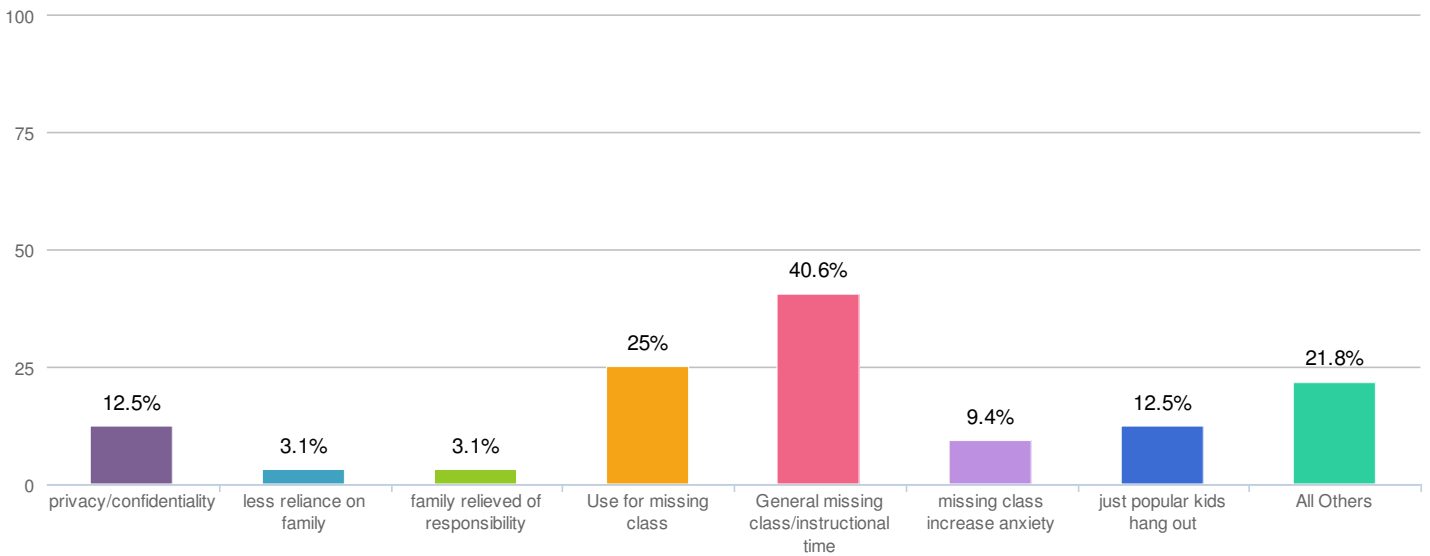
In what ways do you think students at Redwood High School could benefit from a Wellness Center? - Text Analysis



Value	Percent	Count
education	14.0%	6
support	18.6%	8
access	9.3%	4
health (emotional, mental)	39.5%	17
emotional issues	20.9%	9
stress	27.9%	12
safe place to hang out	4.7%	2
anxiety	9.3%	4
self-esteem	4.7%	2
school culture	9.3%	4
parent support	4.7%	2
not comfortable with parents knowing	2.3%	1
drugs	9.3%	4
alcohol	7.0%	3
reproductive health	7.0%	3
feel not alone	2.3%	1
help them achieve academically	11.6%	5
affluent neglect	2.3%	1
Total		43

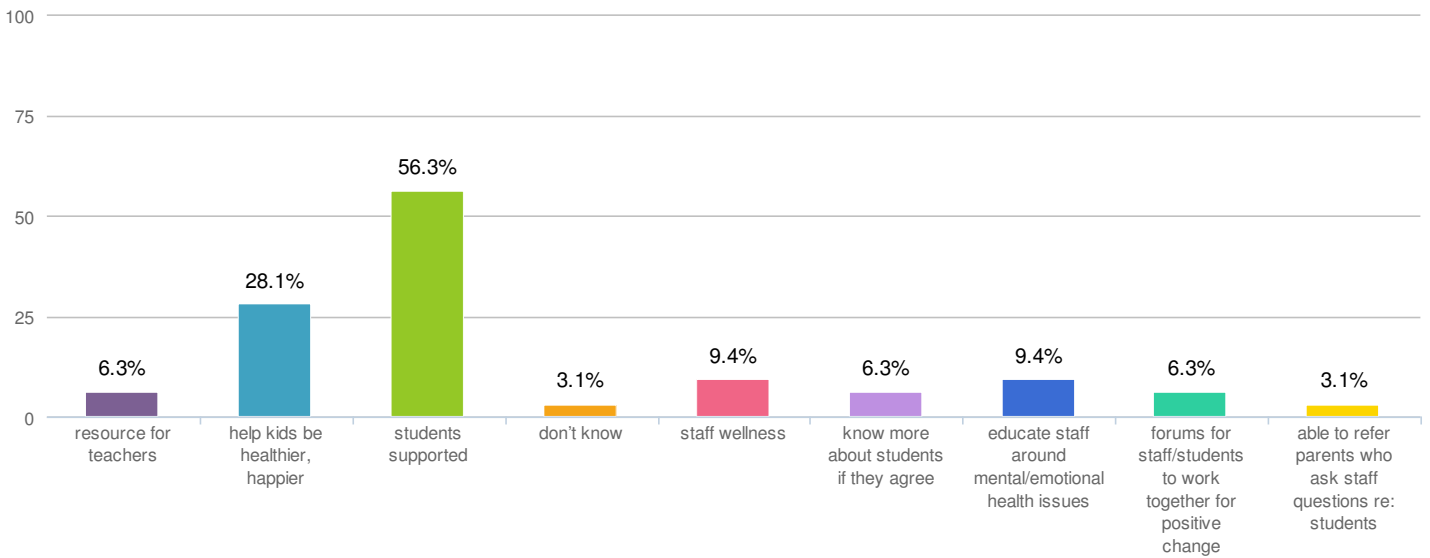
Value	Percent	Count
reduce stigma	4.7%	2
whole student matters, not just academic	16.3%	7
Parental pressure	4.7%	2
Total		43

What concerns, if any, do you have about students receiving services at a Wellness Center? - Text Analysis



Value	Percent	Count
privacy/confidentiality	12.5%	4
less reliance on family	3.1%	1
family relieved of responsibility	3.1%	1
Use for missing class	25.0%	8
General missing class/instructional time	40.6%	13
missing class increase anxiety	9.4%	3
just popular kids hang out	12.5%	4
If services will address needs at the school	3.1%	1
who will provide services?	9.4%	3
Parents not involved in big, stressful decisions (like pregnancy)	3.1%	1
litigiousness of parents (when not involved in reproductive health etc)	3.1%	1
Need counselors to communicate with teachers	3.1%	1
Total		32

As a school staff member, how could the Wellness Center be of benefit to you? - Text Analysis



Value	Percent	Count
resource for teachers	6.3%	2
help kids be healthier, happier	28.1%	9
students supported	56.3%	18
don't know	3.1%	1
don't need it	0.0%	0
staff wellness	9.4%	3
know more about students if they agree	6.3%	2
handle hard classes	0.0%	0
help parents understand not to micromanage kids	0.0%	0
educate staff around mental/emotional health issues	9.4%	3
change culture- staff can focus on their emotional needs too	0.0%	0
forums for staff/students to work together for positive change	6.3%	2
way to track/follow up on students	0.0%	0
more focus on personal relationships, not just academics	0.0%	0
able to refer parents who ask staff questions re: students	3.1%	1
Total		32

