

TUHSD Wellness: Needs Assessment & Evaluation Plan

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Advancing Science
Reducing Risk
Improving Lives

Comprehensive, Inclusive, Data-Driven
Wellness Needs Assessment

Needs Assessment Process

2014-2015

- * Listening to students, staff, and parents.
- * The needs assessment research project is a collaboration between:
 - * Tamalpais Union High School District;
 - * Evaluation, Training and Research (ETR) Associates; and
 - * University of California Berkeley School of Social Welfare.
- * Online surveys with students, staff, and parents.
 - * Developed by UC-Berkeley Researchers and ETR in collaboration with TUHSD
- * UC-Berkeley interviews and focus groups with students.
- * Wellness Director led informational interviews and presentations with hundreds of stakeholders.

Needs Assessment Process

- * Over 3,000 community members have completed our surveys:
 - * **2,137 Students**
 - * 1,229 of 1,491 at Redwood (82%)
 - * 908 of 1,064 at Drake (85%)
 - * **853 Parents**
 - * 379 of 1,491 at Redwood (25%)
 - * 474 of 1,064 at Drake (45%)
 - * **188 Staff**
 - * 101 of 165 at Redwood (61%)
 - * 87 of 126 at Drake (69%)
 - * Tamalpais High School plans to administer their surveys in Spring 2016.

Needs Assessment Process

- * TUHSD needs assessment process is comprehensive, inclusive, and data-driven.
- * The high level of engagement in this process underscores the commitment of the District and community at large.
 - * Survey results from Redwood were relied upon to develop all aspects of the Wellness Center.
 - * Survey results from Drake are currently being reviewed by the Drake Wellness Design Team as they consider the planning for a potential Wellness Center.

Process and Outcome Evaluation Best Practices

Wellness Center Evaluation Plan

Wellness Center Evaluation Plan

- * There are two components to the Wellness Center evaluation plan:
 - * Process Evaluation
 - * Outcome Evaluation

Wellness Center Evaluation Plan

* Process Evaluation

* Goal:

- * To deliver high-quality services that meet the needs of the school community, including students, staff, and parents.

* Methods:

- * Services Documentation Data System (WISH System)
- * Surveys & Interviews of Key Stakeholders

* Questions:

- * Are services being delivered as designed?
- * Are stakeholders satisfied with services?
- * What adjustments to services are needed?
- * Is there sufficient capacity to address need?

Wellness Center Evaluation Plan

- * UC-Berkeley Research Student Evaluation of Redwood Wellness Center (Spring 2016):
 - * With parent permission, the UC-Berkeley research students will:
 - * Interview randomly-selected students who have participated in Wellness services; and,
 - * Conduct a focus group with students who have not participated in Wellness services.
- * Discussions will focus on assessing student needs and gathering feedback about current Wellness operations.

Wellness Center Evaluation Plan

* Outcome Evaluation

* Goal:

- * To deliver effective services that improve the health, well-being, and academic performance of students served.

* Methods:

- * Outcome Surveys of Students Served
- * Propensity & Regression Analyses

* Questions:

- * Are services improving students' health and well-being?
- * Are services improving students' academic performance?
- * Does Wellness help improve overall school climate?

Evaluation Next Steps & Timeline

- * Building evaluation capacity is a developmental process that begins with process evaluation and builds to outcome evaluation.
- * It would not be appropriate to conduct an outcome evaluation before a process evaluation was well underway.
- * That is, we need to know that services are being delivered as designed before we evaluate their effectiveness.

Evaluation Next Steps & Timeline

- * Process evaluation methods and tools will be brought online over the six months.
 - * Student, Parent, and Staff Satisfaction Surveys (Spring '16)
 - * Student Interviews & Focus Groups (Spring '16)
 - * Implementation of Data System (Fall '16)
- * Outcome evaluation methods and tools will be brought online in the next year.
 - * Outcome Assessment Instrument (Fall '16)
 - * Propensity Analyses (Spring '17)