

Tamalpais High School



From the Principal's Perch

Tam Community,

As we come to the close of the calendar year 2021, we would like take this opportunity to wish you all a happy and safe winter break. In a year that has provided incredible challenges, we are extremely proud of the way Tam High and the greater community has been resilient, modeled togetherness and compassion throughout this time. We thank you all for the support that you have provided and look forward to a successful 2022!

A special thank you to everyone that contributed to our holiday gifts and celebrations. December has been festive and we are thankful.

Updated COVID Information

By now, each student should have received an at-home rapid test for COVID-19. We ask that all students self-administer this test on the day before they plan to return to school after the break and report those results. The at-home testing program is sponsored by the California Department of Public Health and is an effort to reduce potential spread of COVID after many of our students, staff and families will be traveling over the break. **This testing program is voluntary.** If you do not wish for your student to test before returning to school in January, please return the test kit to your school site's main office.

Instructions for using the testing kit and reporting the test results were provided by Superintendent Taupier. Most students will test

Upcoming Events

Dec. 20-Jan. 4: Winter Break

Jan. 3: Staff Development Day

Jan. 4: Teacher Workday

Jan. 5: First day of School-2nd Semester **(Monday schedule - Periods 1-7)**

Jan. 11: TUHSD Board Mtg.

Jan. 17: Martin Luther King Day-no School

Jan. 19: Site Council Mtg.

Jan. 25: TUHSD Board Mtg.

Jan. 29: Poetry Out Loud



on January 4th, if they plan to return to campus on January 5th, the first day of classes for second semester. If for some reason your student is returning to campus on a later date, please test the day before the student is to return to campus. If your student tests positive on the take home test, they must report the positive result to school officials and follow all Marin Public Health Protocols, [linked here](#).

COVID Decision Tree

[The Tam District COVID Dashboard](#) has information on COVID cases and vaccination rates for the District.

Travel Guidelines
For those families traveling over the holidays, please review the CDPH travel recommendations, linked [here](#). **Regardless of vaccination status, it is recommended all who travel are tested for COVID 5 days after the return from travel.**
COVID Exposure Protocols:

For the most recent public health guidance on how to respond if you have been exposed to COVID, please see the decision trees linked below.

- [Decision Tree For Students or Staff with Symptoms](#)
- [Decision Tree for Students or Staff Who Have been Exposed to a Positive Person](#)

Gun Safety

Access to firearms presents a significant increase in risk for youth. Please do your part to keep any firearms properly stored. Under California law, parents and guardians are responsible for protecting children through safe firearm storage. Gun owners are criminally liable if they store a loaded gun where a child is likely to gain access to it. Safe gun storage also reduces the risk of suicide by slowing down what is often an impulsive act, providing more time to get help.

If you have guns at home, assume children can find them. According to a national nonprofit organization, [Brady United Against Gun Violence](#), research finds that an estimated 4.6 million

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Please visit our website at tamhigh.org for all the latest news at Tam or follow us on Twitter [@tamhigh](#) and [@tamhighprin](#) and Instagram [#farrprincipal](#)



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children live in homes with access to unlocked loaded guns, resulting in eight injuries or deaths of children every single day.

We want to raise awareness and stop tragedies before they happen by reminding our families of the following guidelines:

- Lock up guns safely, unloaded, with the ammunition locked, separately
- Ask about the presence of unsecured guns in other homes (playdates, friends, neighbors)
- Recognize the risk factors and warning signs of depression and suicide and speak up

For more information on proper gun storage and where to find free locks, please [click here](#).

You can learn more about keeping youth safe at the following websites:

- Besmartforkids.org
- Projectchildsafe.org
- [Marin Sheriff Firearm Safety/ Free Gun Locks](#)
- [Marin County Office of Education Gun Safety Resources](#)

Happy Holidays to All from THS Main Office!



What's Up With Wellness?

Wellness Resources Over Break

FOR CRISIS SUPPORT AND MENTAL HEALTH SUPPORT:

Crisis Text line: Text "MARIN" to 741741 (Open 24/7)

Buckelew Suicide Prevention hotline: Call (415) 499-1100 (Open 24/7)

California Youth Crisis Line: Call (800) 843-5200 (Open 24/7)

The Trevor Project (LGBTQQIA+): Text "START" to 678678 or Call (866) 488-7386 (Open 24/7)

National Suicide Prevention Lifeline: Call (800) 273-8255 (Open 24/7)

Marin City Health and Wellness Center: Phone 415-339-8813; 630 Drake Ave., Marin City, CA 94954

Huckleberry House: If you need a safe place to stay, contact huckleberry at (415) 621-2929 (Open 24/7)

Address: 1292 Page Street San Francisco, CA 94117
Email: nh@huckleberryyouth.org

Have a safe and restful break!

♥ Wellness