

# TUHSD

## Allergens & Food Sensitivity

Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
000064	APPLES,Fresh	NO	NO	NO	NO	NO	NO	NO	NO
000588	Beef Patty Marinara on Rice	NO	NO	NO	NO	NO	NO	NO	NO
000253	BEETS: canned	NO	NO	NO	NO	NO	NO	NO	NO
000241	Black Bean and Corn Salsa	NO	NO	NO	NO	NO	NO	NO	NO
000498	Bosco CheeseWG Bread Sticks 7"	YES	NO	NO	NO	NO	NO	NO	YES
000579	Bread Cheesy Oven Baked	YES	NO	NO	NO	NO	NO	NO	YES
000568	Bread Fresh Baked Roll	YES	NO	NO	NO	NO	NO	YES	YES
000142	Breakfast Bagel & Cr Chz	YES	NO	NO	NO	NO	NO	NO	YES
000061	Breakfast Burrito	YES	YES	NO	NO	NO	NO	NO	YES
000563	Breakfast Cinnamon Roll	YES	NO	NO	NO	NO	NO	YES	YES
000140	Breakfast Egg Cheese Muffin	YES	YES	NO	NO	NO	NO	NO	YES
000057	Breakfast Sausage Muffin	YES	YES	NO	NO	NO	NO	NO	YES
000493	Breakfast Yogurt Parfait	YES	NO	NO	NO	NO	NO	YES	YES
000580	Broccoli & Berry Slaw	YES	NO	NO	NO	NO	NO	NO	NO
000146	Burger, Spicy Black Bean	YES	YES	NO	NO	NO	NO	YES	YES
000192	Burrito - Pinto BN, CHZ, Rice	YES	NO	NO	NO	NO	NO	NO	YES
000008	Burrito Refried Bean & Cheese	YES	NO	NO	NO	NO	NO	NO	YES
000186	Burrito, Beef, PBN, CHZ, Rice	YES	NO	NO	NO	NO	NO	NO	YES
000577	Burrito, Chick, PBN, CHZ, Rice	YES	NO	NO	NO	NO	NO	NO	YES
000570	Burrito, Pork, PBN, CHZ, Rice	YES	NO	NO	NO	NO	NO	NO	YES
000301	CARROTS,RAW,BABY	NO	NO	NO	NO	NO	NO	NO	NO
000141	Cereal Frosted Flakes	NO	NO	NO	NO	NO	NO	NO	YES
001072	Cereal Variety WG Gluten Free	NO	NO	NO	NO	NO	NO	NO	NO
000589	Chef Recipe #	?	?	?	?	?	?	?	?
000019	Chicken Burger Spicy	NO	NO	NO	NO	NO	NO	YES	YES
000574	Chicken Fillet on Rice	NO	NO	NO	NO	NO	NO	NO	NO
000023	Chicken Fillet Sandwich	NO	NO	NO	NO	NO	NO	NO	YES
000583	Chicken Pozole w/ quesadilla	NO	NO	NO	NO	NO	NO	YES	YES
000608	Chicken Sesame Salad Bowl	NO	NO	NO	NO	NO	NO	YES	NO
000604	Chicken Shawarma Bowl	YES	YES	NO	NO	NO	NO	YES	NO
000603	Chicken Shawarma Wrap	YES	YES	NO	NO	NO	NO	YES	YES
000609	Chicken Tenderloin & Fries	YES	NO	NO	NO	NO	NO	NO	YES
000584	Chicken Veg Soup w/ grill chz	YES	NO	NO	NO	NO	NO	YES	YES
000010	Chicken with Pesto and Pasta	YES	NO	NO	NO	NO	NO	NO	YES
000496	Chicken Yakasoba Stir Fry	NO	YES	NO	NO	NO	NO	NO	YES
000009	Chicken, Mandarin Rice Bowl	NO	YES	NO	NO	NO	NO	YES	YES
000606	Chickpea Shawarma	NO	NO	NO	NO	NO	NO	NO	NO
000376	Chinese Chicken Salad - Second	NO	NO	NO	NO	NO	NO	YES	YES
000170	Coleslaw	NO	YES	NO	NO	NO	NO	NO	NO
000464	Condiment Taco Sauce	NO	NO	NO	NO	NO	NO	YES	NO
000222	Condiment, Ketchup PC	NO	NO	NO	NO	NO	NO	NO	NO
000107	Condiment, Mayonnaise	NO	YES	NO	NO	NO	NO	NO	NO
000118	Condiment, Mustard PC	NO	NO	NO	NO	NO	NO	NO	NO
000108	Condiment, Ranch Dressing	NO	YES	NO	NO	NO	NO	NO	NO
000123	Condiment, Soy Sauce PC	NO	NO	NO	NO	NO	NO	YES	YES
000582	Cookie Chocolate Chip	YES	YES	NO	NO	NO	NO	YES	YES

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000330	Corn Chips (non grain dessert)	NO	NO	NO	NO	NO	NO	NO	NO
000270	CORN: canned, yellow	NO	NO	NO	NO	NO	NO	NO	NO
000271	CORN: frozen, yellow	NO	NO	NO	NO	NO	NO	NO	NO
000209	Cucumbers	NO	NO	NO	NO	NO	NO	NO	NO
000370	EGG,HARD-BOILED	NO	YES	NO	NO	NO	NO	NO	NO
000213	Fruit Assorted	NO	NO	NO	NO	NO	NO	NO	NO
000419	Fruit Cup	NO	NO	NO	NO	NO	NO	NO	NO
000313	Fruit Juice Break Variety	NO	NO	NO	NO	NO	NO	NO	NO
000565	Fruit Juice Lunch Variety	NO	NO	NO	NO	NO	NO	NO	NO
000581	Fruit Juice Slushy	NO	NO	NO	NO	NO	NO	NO	NO
000590	Grain Treat 1oz WGR	YES	NO	NO	NO	NO	NO	YES	YES
000422	GRAPES,Fresh	NO	NO	NO	NO	NO	NO	NO	NO
000161	Hamburger	NO	NO	NO	NO	NO	NO	NO	YES
000495	Hamburger with Cheese	YES	NO	NO	NO	NO	NO	NO	YES
000150	Macaroni and Cheese	YES	YES	NO	NO	NO	NO	NO	YES
000380	Meatball Marinara Sub	YES	NO	NO	NO	NO	NO	YES	YES
000477	Milk 1% LF Clover	YES	NO	NO	NO	NO	NO	NO	NO
000494	Milk NF Chocolate Clover	YES	NO	NO	NO	NO	NO	NO	NO
000546	Muffin - Blueberry	YES	YES	NO	NO	NO	NO	NO	YES
000548	Muffin - Chocolate Chip	YES	YES	NO	NO	NO	NO	NO	YES
000587	Nacho, Chips, Tex Mex Beans	YES	NO	NO	NO	NO	NO	YES	NO
000013	Pasta Alfredo	YES	NO	NO	NO	NO	NO	NO	YES
000575	Pasta Italian w/ Cheese	YES	NO	NO	NO	NO	NO	NO	YES
000014	Pasta Italian w/ Meatballs	YES	NO	NO	NO	NO	NO	YES	YES
000437	PEACHES: canned,light syrup	NO	NO	NO	NO	NO	NO	NO	NO
000607	Pesto Mediterranean Flatbread	YES	NO	NO	YES	NO	NO	YES	YES
000042	PICKLES,DILL	NO	NO	NO	NO	NO	NO	NO	NO
000007	Pinto Beans Tex Mex	NO	NO	NO	NO	NO	NO	NO	NO
000065	Pizza Big D Four Cheese	YES	NO	NO	NO	NO	NO	YES	YES
000067	Pizza Big D Pepperoni	YES	NO	NO	NO	NO	NO	YES	YES
000447	Pizza Big D Veggie	YES	NO	NO	NO	NO	NO	YES	YES
000497	Pizza Galaxy 78368 WG	YES	NO	NO	NO	NO	NO	NO	YES
000593	Pocket, Ham & Cheese	YES	NO	NO	NO	NO	NO	YES	YES
000592	Pocket, Pizza	YES	NO	NO	NO	NO	NO	YES	YES
000578	Pork BBQ & Rice	NO	NO	NO	NO	NO	NO	YES	NO
000573	Pork BBQ Sandwich	NO	NO	NO	NO	NO	NO	YES	YES
000613	Pork Cilantro Lime Burrito	?	?	?	?	?	?	?	?
000602	Pork Korean Banh Mi Bowl	NO	YES	NO	NO	NO	NO	YES	NO
000598	Pork Korean Banh Mi Sandwich	NO	YES	NO	NO	NO	NO	YES	YES
000611	Pork Pulled Burrito Bowl	NO	NO	NO	NO	NO	NO	NO	NO
000610	Potato Fries Ovation	NO	NO	NO	NO	NO	NO	NO	NO
000190	Rice - Brown and White WG	NO	NO	NO	NO	NO	NO	NO	NO
001000	Rice Krispy Treat	NO	NO	NO	NO	NO	NO	NO	NO
000001	Rice Spanish	NO	NO	NO	NO	NO	NO	NO	NO
000595	Rice Sushi	NO	NO	NO	NO	NO	NO	NO	NO
000501	Sack Lunch	YES	NO	NO	NO	NO	NO	NO	YES

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000576	Salad Bar	?	?	?	?	?	?	?	?
000103	Salad To-Go	YES	NO	NO	NO	NO	NO	NO	NO
001051	SALSA:COMMODITY	NO	NO	NO	NO	NO	NO	NO	NO
000024	Sandwich Caprese Panini	YES	NO	NO	NO	NO	NO	NO	YES
000612	Sandwich Cheese & Ham Panini	YES	NO	NO	NO	NO	NO	NO	YES
000586	Sandwich Cheese Panini	YES	NO	NO	NO	NO	NO	YES	YES
000418	Sandwich Turkey	YES	NO	NO	NO	NO	NO	YES	YES
000569	Sandwich Turkey & Pepper Jack	YES	NO	NO	NO	NO	NO	YES	YES
000600	Sauce Spicy Mayo	NO	YES	NO	NO	NO	NO	YES	NO
000143	Scones	YES	NO	NO	NO	NO	NO	NO	YES
000605	Shawarma Spice Mix	?	?	?	?	?	?	?	?
000017	Taco Chicken	YES	NO	NO	NO	NO	NO	NO	YES
000157	Taco Pork Carnitas	NO	NO	NO	NO	NO	NO	YES	NO
000567	Tamale Grn Chili, Bean Salsa	YES	NO	NO	NO	NO	NO	NO	NO
000003	Teriyaki Chicken Rice Bowl	NO	NO	NO	NO	NO	NO	YES	NO
000566	Teriyaki Edamame Rice Bowl	NO	NO	NO	NO	NO	NO	YES	NO
000571	Tortilla Corn 6"	NO	NO	NO	NO	NO	NO	NO	NO
000069	Tuna Salad	NO	YES	NO	NO	YES	NO	NO	NO
000601	Vegetables Banh Mi Pickled	NO	NO	NO	NO	NO	NO	NO	NO
000597	Wrap Chicken Sesame Cold	NO	NO	NO	NO	NO	NO	YES	YES
000596	Wrap Chicken Sesame Hot	NO	NO	NO	?	NO	NO	YES	YES
000594	Wrap Chicken Teriyaki Hot	NO	NO	NO	NO	NO	NO	YES	YES
000137	Wrap, Chicken Caesar	YES	NO	NO	NO	YES	NO	NO	YES
000132	Wrap, Chicken Chipotle	YES	YES	NO	NO	NO	NO	YES	YES

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