

2017-18 ATHLETIC REPORT

Board of Trustees
Discussion Item
May 22, 2018

Introduction

The TUHSD 2017-18 education-based athletic program consisted of up to 44 teams at each of our comprehensive schools for a total of **2,811 athletes** (duplicated) participating on **126 teams**. This represents **29 additional** athletes participating on district teams than last year and **629 (28.8%) more than in 2005-06** when we began keeping records. Sometimes, one site offers a level of a particular sport that the others do not depending interest in that sport. Sports participation does not grow in parallel with enrollment growth. Instead, participation is restricted by the limits on some team sizes and more cuts are inevitable as the schools grow.

Tamalpais Union High School District teams are members of the Marin County Athletic League (MCAL) in the North Coast Section (NCS) of the California Interscholastic Federation (CIF). The CIF governs all high school interscholastic athletics in California.

Athletic administration and coaches continue to uphold the purpose of our Athletic Code of Conduct (AR6145.21) which is to promote the idea of healthy competition and to set standards of good sportsmanship for everyone involved. District schools, along with all other MCAL schools, subscribe to the tenets of Pursuing Victory with Honor.

Athletics is a learning situation where growth and maturity are expected to flourish and it is an experience that is intended to help our students develop poise and self-confidence, healthy and fair competition and many hours of hard work and enjoyment.

For the eleventh year, District athletics operated under the TUHSD Athletic Manual, most of which is available at the www.tamdistrict.org/athletics website. The [Parent-Student Guide to Athletics](#) and the [Coaches' Handbook](#) are updated annually and reviewed by the Board whenever significant changes are made. In 2015-16, the handbooks were upgraded to NIAAA standards and approved by the Board in July, 2015. Only slight changes have been made since then.

The attached information is an overview of this year's athletic program.

Sue Chelini, CAA
TUHSD Athletic Coordinator

PERSONAL NOTE

Since my contract is not being renewed, I would like to take a moment to reflect on the TUHSD athletic program as it has evolved since I took over as Athletic Coordinator in Spring, 2006. The primary goals of the position are to support the Athletic Directors and be a liaison between the District and the sites. The Athletic Council continues to meet four times/year. I also sit ex officio on the MCAL AD and Board of Managers meetings.

District during my 13-year tenure as TUHSD Athletic Coordinator

- The ADs have moved from 2 periods/day to 4 periods/day. Personally, I believe they should be full time on the management team, but that's another story.
- Fifteen hours/week clerical help for the ADs was instituted (definitely not enough).
- We contract with UCSF PlaySafe for a professional athletic trainer team.
- The ADs now have software for scheduling, registration and communication with athletes, parents and coaches.
- The ADs all use various forms of social media to communicate with parents, athletes, coaches and the community.
- The District and each site maintain dynamic athletic web sites that receive thousands of hits each year.
- ADs regularly social media to communicate with the athletic and school community.
- The Board has approved thorough, regularly updated handbooks:
 - The Parent-Student Guide to Athletics
 - Coaches' Handbook
 - AD Handbook
- Sports added include G golf, B volleyball, F baseball, F G volleyball, B & G varsity and JV lacrosse and G field hockey.
- TUHSD schools have been recognized state-wide for our unified sports program, just completing the third year.
- All facilities have been modernized.
- Our number of student athletes has increased almost 29%.
- Our coaches are receiving local, NCS, state and national awards.
- Our athletic teams have been extremely successful, although that is not the goal of the program.

We now have an AD staff who are leaders among their peers. Early on, we were having almost annual turnover of ADs, but now Christina (10 years), Jessica (9 years) and Nate (3 years) have provided stability and vision for their schools. For several years, we had all off-campus ADs, but now all three are full-time staff members. All of us are active members of NCSADA, CSADA and NIAAA. and regularly attend conferences. Jessica has earned her CMAA (certified master athletic administrator) through NIAAA. Christina and I have earned CAAs (certified athletic administrator). Nate is working on his CAA. All of us have taken the LTI 799 through NIAAA which entitles us to apply for the NIAAA Quality Program Award. This year, we were collecting data and artifacts to support such an application. While each school needs to do it separately, I would like to support the process.

Notwithstanding the District's current fiscal situation, future needs of the TUHSD Athletic Department include:

- Full-time athletic directors and consideration for an AD extended year accounting for sports beginning well before school starts for both semesters.
- Additional clerical help for the ADs.
- Increased the stipend for coaches. In my study in 2016-17, TUHSD ranked toward the bottom of coaching stipends among seven local and comparable districts. TUHSD has not increased coaching stipends since 2007.
- Restructure the coaching stipend table to reflect more equity between sports and levels of sports.
- Find a software for tracking certification of coaches. They now are required to certify coaching education, TB clearance, CDL and fingerprints. Annually, they need to complete the District mandated training. Every two years, they must renew first aid, CPR, concussion education, sudden cardiac arrest education and heat acclimatization education.
- Find a consistent way for coaches to annually complete the District mandated training.
- Stability and equity for the athletic trainers.
- Build on the Unified Team program and add stipends for coaches/SPED coordinators.
- Be prepared for requests for either Traditional Cheer (Coed) or Competitive Sport Cheer (Girls) as a spring sport.
- Increased athletic budget to account for increased costs of dues, officiating, software, uniforms and equipment.

I will miss my involvement with TUHSD athletics.

Sue

TUHSD ATHLETIC COUNCIL

The TUHSD Athletic Council meets four times annually. It shares information and makes recommendations about district athletic programs and policies. The broad representation and expertise contributes to the high standards for athletics established by the Board of Trustees. The Athletic Council's support has never wavered from trying to do what is best for the kids. We are very lucky to have such a well-rounded support group for the athletic program.

2017-18 TUHSD Athletic Council Members:

Athletic Directors:	Christina Amoroso, Jessica Peisch and Nate Severin
Athletic Administrators:	LaSandra White, David Rice and Chad Stuart
Parent Club Representatives:	Sean Norton (Tam), Jen Venne (Drake) and Jen Tippett (Redwood)
District Office Representative:	Lars Christensen
District Athletic Coordinator:	Sue Chelini
Facilities Representative:	Chris McCune

In 2017-18, the Athletic Council:

- **Athletic Trainers (ATCs):** Americ Alvarado represents the ATCs on the AC, bringing reports about the current status at each school. He is in his 10th year at Redwood, but both Tam and Drake have ATCs in their second year. Jessica Domingues (2 years) and Andrew Blood (1 year) are the trainers at Tam and Drake respectively.
 - As the Board knows, the 3-year contract with UCSF PlaySafe expired at the end of the year. Since the Board was reluctant to agree to a new 3-year contract with costs locked in, a one-year extension of the existing contract was approved for the 2018-19 school year at the last Board meeting.
 - Jessica Dominguez was instrumental in bringing National Athletic Trainers Association recognition to Tam as a NATA Safe School. Both Redwood and Drake are in the process of obtaining that certification.
 - On a personal note, Americ is currently on paternity leave after he and Meliza had their first child on April 24: Americ Feliz Alvarado, Jr., 3.5 lbs., 17".
- **MCAL/NCS/CIF:**
 - **NCS Realignment:** A mid-cycle league alignment was approved this year. Beginning in 2018-19, the Vine Valley Athletic League will consist of American Canyon, Casa Grande, Justin Siena, Napa, Petaluma, Sonoma Valley and Vintage High Schools. The MCAL is left with nine schools which has resulted in adjustment of round robin and play off schedules. Most league playoffs have been reduced to four qualifying schools instead of six.
 - **Sportsmanship:** Continued to discuss ways to be proactive in teaching positive sportsmanship to our general student bodies. Communication between all parties is of key importance. A suggestion was made to discuss sportsmanship at the meeting the MCOE conducts with all ASB Presidents.
- **Athletic Funding:** The Athletic Council was understandably disconcerted when withdrawal of funding for the UCSF PlaySafe contract was proposed as one of the cost-saving strategies for the District. It continues to be true that there is a difference in the ability of the various school's booster clubs to support such big ticket costs. The UCSF contract would be roughly \$60,000 per school per year. The Athletic Council was emphatic that the AT services are now considered a standard of care by the District and are an essential part of the athletic program.
- **Field Hockey:** Due to considerable expressed interest by players, at the last minute (after school was out last June), the District added funds to implement Field Hockey at Tam and Drake for the 2017-18 school year. Because the ADs had already left for the summer and time was very short, the site administrations and ADs agreed to purchase equipment and make the 2018 a development season. Coaches were found and teams formed that learned the sport and scrimmaged against other teams with the goal of being included in a schedule for the 2019 season. MCAL has been given the responsibility for the Field Hockey league which includes Redwood, Marin Catholic, Drake, Tam, Berkeley, University and Lick-Wilmerding. This week, all the schools involved with field hockey for next year met to meet each other, develop the round robin schedule, resolve officiating issues and other topics to get the new field hockey league off to a good start in Fall, 2018.



- **Football:** Discussed the future of the sport in the next few years. Even though our enrollment is growing, participation in football is decreasing, most likely as a result of the recent publicity about the long-term effects of concussions. Two seasons ago, MCAL went from V, JV and Frosh teams to just V and Frosh/Soph. Other league schools are also having difficulty with football numbers. We have not established a minimum number of players to field a team although it will have to consider attrition during the season due to injury or eligibility. Flag football is becoming a very popular K-12 sport although it is not recognized by CIF. Any flag football teams established at schools will have to be club teams, not MCAL. The District may have to give serious consideration to the future of football with respect to safety.
- **Heat and Smoke:** Due the unprecedented fires in the North Bay coupled with an extremely warm fall, a number of athletic activities were cancelled during the Fall season. The District and MCAL follow the recommendation of the County Office of Emergency Preparedness when air quality is unsafe for outdoor activities even if it seems OK at a particular location.
- **Competitive Sport Cheer:** Competitive Cheer is a new Spring sport recognized by CIF as of Spring, 2018. There are two types of teams, Traditional Sport Cheer (coed) and Competitive Sport Cheer (girls only). Currently, no MCAL school is planning such a team for Spring, 2019, nor has any District school yet expressed interest. It is not the same as Sideline Cheer. Several routines would be choreographed at the beginning of the season and teams would be scored by judges in competition between schools on those specific routines. Team members could wear matching shirts and shorts, no expensive uniforms will be required. As other schools throughout the section begin this program, we will learn from their experiences. It is likely that either of these teams would qualify to count as female participation for Title IX while sideline cheer does not.
- **Unified Sports:** In February 2013, the Office of Civil Rights issued a ‘Dear Colleague’ letter asking Districts to “provide accommodations for disabled students who wish to participate in your athletic programs.” While some disabled students can participate in our general athletic program with minimal accommodations, others require significant modification in order to participate. TUHSD schools were the first in the MCAL to offer unified basketball and track, now in their third year. This year, Drake hosted an MCAL Unified Basketball tournament. The Board will see a video of this event at their May 22 meeting. For the first time, the Marin Athletic Foundation recognized Unified Sports by inviting all senior participants to attend the Mario and Eva Ghilotti Outstanding Student Athlete dinner in early May. Later in this report is a list of those senior participants so recognized.
- **Concussions:** The 2018 Marin County Grand Jury issued a follow-up report to the original 2016 Marin County Grand Jury report. Several new or repeated recommendations as the District that:
 - All students receive concussion education through the Barrows Brain Book. UCSF has evaluated this program and does not believe it is ready to be used by high school students at this time. They will continue to work with the company to hopefully develop a useful tool for us to use. Instead, concussion education is part of the first-aid unit in physical education. All parents and students sign a CIF Concussion Information form as part of registration.
 - ALL athletes be administered ImpACT baseline testing. ImpACT recommends testing be limited to twice during high school. The UCSF ATs have been administering ImpACT pre-concussion testing to voluntary athletes with the cost being underwritten either in part or in full by the site booster groups. At the request of a parent or physician, post-concussion testing is also administered by the ATs with results forwarded to the physician. The AT is not certified to interpret ImpACT tests. A UCSF physician reviews every ImpACT test given to a District athlete.
 - Americ Alvarado is the TUHSD representative on the Marin County “Concussion Committee” that was formed after the original Grand Jury report. Their work is represented at [ConcussionSmart Marin](#).
- **Sport Updates:** Heard updates at each meeting on the successes and challenges of each school’s athletic program each season.

OTHER 2017-18 ATHLETIC HIGHLIGHTS:

Athletic Directors: **Christina Amoroso, CAA** (10 years), **Jessica Peisch, CMAA**, (9 years) and **Nate Severin** (3 years) have combined for increasing stability of the District's athletic program. **Sue Chelini, CAA**, has been TUHSD Athletic Coordinator for 13 years. **CMAA** (Certified Master Athletic Administrator) and **CAA** (Certified Athletic Administrator) are designations by the NIAAA (National Interscholastic Athletic Administrators Association). Those designations require experience, athletic coursework, examinations and special projects. The CMAA is only attained by 4% of athletic directors nationwide.

Jessica was a founding member and is finishing her two-year term as President of the NCS Athletic Directors Association. **Christina** is the Treasurer for the NCSADA. Because we are in the center of the section, NCSADA has held its annual meeting at Redwood for the past few years on the last Monday of September with more than 50 athletic directors in attendance.

Jessica continues as a member the CIF Athletic Administrators Advisory Committee, comprised of 20 athletic directors and assistant principals statewide who meet twice/year. She also represents the MCAL on the NCS Sports Advisory Committee. She was also a member of the CIF Calendar Committee. She has also been an instructor for NIAAA Leadership Training Institute courses that lead to CAA and CMAA certification.

Christina and **Jessica** attended the NIAAA conference in Phoenix, Arizona in December. **Jessica, Christina** and **Sue** also attended the California State Athletic Directors' Association (CSADA) conference in Burlingame in April. We always come away from these conferences with information that can be immediately applied to the improvement of the TUHSD athletic program. NCS recognized **Jessica** as Athletic Director of the Year and **Nate** as Rookie Athletic Director of the Year at the CSADA conference.

Nate hosted the MCAL Unified Basketball tournament in January and has been nominated for recognition as the Special Olympics Volunteer of the Year for his efforts.

CIF Soccer Coach of the Year: Shane Kennedy, Tamalpais – Soccer: Shane Kennedy has been coaching at Tamalpais High School since 2008. He has the incredible ability to build passion amongst his players and treat every coach, player and official with the utmost respect. He demonstrates an unwavering ability to treat all student-athletes fairly regardless of seniority or ability as he truly cares about the well-being of his players. He nurtures their strengths and helps develop confidence, perseverance and passion. Kennedy's coaching style extends beyond the pitch as he builds his student-athletes self-esteem and character, so they can go out into the world to compete, contribute and give back to the community. Without his dedication, passion and ability to put the successes of others before his own, the Tamalpais soccer program would not be where it is today.

Kennedy was also recognized as a CIF Model Coach in 2016-17 and the Tamalpais Outstanding Coach of the Year in 2014-15.

CIF Model Coach: Dustin Nygard, Tamalpais – Golf and Soccer: Dustin Nygard currently coaches golf and formerly coached both boys' and girls' varsity soccer at Tamalpais High School. His true passion for his teams and infectious desire to learn is admirable and model worthy. Nygaard advocates an open, positive learning environment and encourages his student-athletes to strive for progress in games and in training all while no losing sight of academics in the classroom. His positive energy is embedded in the psyche of everyone he coaches. He pushes his players to their maximum ability while maintaining an element of relaxation and enjoyment. This unique ability contributes to Nygaard's success on and off the field. He was recognized as Tam's Coach of the Year in 2012-13.

According to the CIF website, a model coach demonstrates and teaches the six core ethical values: trustworthiness, respect, responsibility, fairness, caring, and good citizenship (the "Six Pillars of Character"). The CIF believes that the highest potential of sports is achieved when teachers/coaches consciously Teach, Enforce, Advocate and Model (T.E.A.M.) these values and are committed to the ideal of Pursuing Victory with Honor. "There is more to education-based athletics than just winning and losing. We honor and recognize those coaches who teach student-athletes not only the skills needed to excel, but also those who are dedicated to teaching them the values of Pursuing Victory with Honor, and the Six Pillars of Character," said CIF Executive Director Roger L. Blake.

Register My Athlete: For the third year, all our paperless athletic registration now goes through Register My Athlete. Families only need to register details once for the family and once for each child. Each year, the student-athletes request for participation on teams is updated and any new information added. Data is automatically updated each year until the student transfers or graduates. Families are responsible for all steps of the registration process and can see immediately if they have been cleared for play. The registration process includes the Parent-Student Handbook for Athletics, medical forms, and 8th grade transcripts. It automatically flags transfer students. Athletic trainers also use it to note injuries and clearance for play. The coaches can see their team roster and student eligibility in real time. RMA saves the ADs time, communicates easily with all groups and improves privacy for families.

Positive Coaching Alliance: Drake again partnered with the Positive Coaching Alliance for the 2017-18 school year offering workshops for students and parents. The workshop material and objectives were aligned with our collective athletics vision statement pertaining to fostering leadership, communication, integrity and teamwork. The goal of using the PCA was to have them help facilitate important discussions about what it means to be a model coach, parent and student-athlete. It was important to have each coach, student and parent think about their role in the process of doing what is best for our kids while connecting it back to our vision. Next year, Drake will continue hosting “New to Athletics” night for all new students and parents that will also be facilitated by the PCA. The Tam Boosters are also supporting beginning a PCA program at Tam next year.

Captain’s Council (Athletics Leadership Workshop): Drake has also partnered with a Sports Psychologist, Rebecca Smith of Complete Performance Coaching, to offer workshops to all junior varsity captains. The “leadership boot camp” topics include modeling ethical leadership, communication, team vision, neutralizing negativity, focus, determination, discipline, building resilience and confidence. All varsity captains have been attending an hour-long workshop six times per season with the goal of having them better understand what it means to be a leader on a team. The hope is that these juniors will have a bank of information when they become senior captains. Although still in planning, Drake also hopes to offer a second tier of training for all senior captains. Moving forward, all junior and senior captains on each varsity team will go through some sort of continuous and ongoing leadership/captain training. These captains also went through Substance Use Prevention Education workshops facilitated by Wellness Director, Jessica Colvin.

Incredible Parents: As was said last year, none of the TUHSD programs could exist without the supportive parents who serve as team parents, statistic keepers, snack bar staffing, team chauffeurs, fund-raisers and dedicated fans to mention a few roles. Now that the Tam Boosters, Drake Fund Athletic Committee and Redwood Benchwarmers no longer are responsible for funding the athletic trainers, their attention has turned to funding other important athletic needs including ImpACT testing, weight room supervisors and other specific team needs. Some team’s parents have formed sport-specific clubs such as the Hoops Club, Pigskin Club or Grappler’s Club. No words can fully express appreciation for all the dedicated and caring parents involved in our athletic program.

Calendar Conflict: CIF/NCS has also adjusted the start dates for all sports a week earlier beginning with the 2018-19 school year. This coming year, Football begins July 30, G Volleyball on August 6 and all other Fall sports on August 13. School begins on August 22. These changes result in the ADs being required to work about 3 weeks before school begins and a partial week of winter break. Winter sports will begin October 29 and Spring sports on January 28. This calendar change also creates a longer overlap between seasons creating conflict for some dual-sport athletes.

TUHSD Athletic Website: The website is accessed at www.tamdistrict.org/athletics. The *TUHSD Parent-Student Guide to Athletics* and *Coaches' Handbook* are posted there as well as Athletic Council agendas and notes. Links are checked at least twice a year to make sure they aren't broken. Some pages are newer than others as the web site has been updated. As you can see, this is an important source of information for parents, athletes and coaches. We have also had state and national recognition for the content of our web site. Here are the statistics for the athletic web site.

TUHSD Athletic Website Page Hits as of May 1, 2018: Since its inception in 2011 through May 1, 2018, the web site had 47,423 total visits, 97,001 page views, and 47,151 targeted views.

From	TOTAL	Overview	Contacts	Sports	Athlete Regist.	Parent Links	Health	Transfer	College	Coaches' Corner
2011-12	4,565	2,840	939	1,099	0	452	66	425	25	0
2012-13	6,107	3,074	1,105	1,506	1,415	399	343	334	240	1,515
2013-14	2,844	1,705	661	766	1,493	86	60	154	29	861
2014-15	5,117	2,392	980	1,241	3,933	233	288	230	95	1,785
2015-16	12,306	3,242	1,109	1,550	13,833	500	273	237	65	1,496
2016-17	10,154	3,425	1,070	1,602	9,633	366	184	245	65	1,279
2017-18	6,330	2,040	558	826	6,305	197	126	130	60	515
Totals	47,423	18,718	6,422	8,590	36,612	2,233	1,340	1,755	579	7,451

From	Coach Handbook	Coach Links	Coach Preced.	Athletic Council
2011-12	0	0	0	0
2012-13	234	607	173	200
2013-14	96	105	37	207
2014-15	208	269	111	292
2015-16	131	177	31	255
2016-17	104	180	48	326
2017-18	62	166	25	200
Totals	835	1,504	425	1,480

2017-18 TUHSD Athletic Successes

Traditionally, TUHSD teams have been very successful in MCAL and NCS competition. This year is no exception. Pennants listed are MCAL unless otherwise indicated. RR is the MCAL Round Robin league season. By the time of the Board meeting, we will have additional results for spring playoffs and some teams may still be playing.

2017-18 Marin Athletic Foundation Outstanding Student Athletes

The student athletes are selected by their schools in accordance with the following criteria, developed with the involvement of athletic directors and adopted by the Board of Directors of the Marin Athletic Foundation including:

- * Athletic Involvement
 - *Leadership
 - *Scholarship
 - *School-Community Involvement
 - *Department
- See their pictures and vitae at the end of this report.

Tam:	Reilly Johnson Noah Haynesworth	Soccer Football, Basketball
Drake:	Kirsty Star Noah Bice	Volleyball, Soccer, Swimming Basketball, Unified Sports
Redwood:	Gillian Wagner Spencer Dow	Cross Country, Track & Field Wrestling

NFHS Coaches Association 2017 California Soccer Coach of the Year Shane Kennedy

Tamalpais Girls' Soccer Coach
2016-17 CIF Model Coach
2014-15 TUHSD Coach of the Year – Tamalpais

2017-18 CIF Model Coach
Dustin Nygaard
Tamalpais Boys' Golf Coach
Previously Tamalpais Boys' and Girls' Soccer Coach
2012-13 TUHSD Coach of the Year – Tamalpais

North Coast Section, CIF Athletic Director of the Year
Jessica Peisch
Redwood HS Athletic Director

North Coast Section, CIF Norm McKenzie Award (Rookie AD of the Year)
Nathan Severin
Sir Francis Drake HS Athletic Director

**National Athletic Trainer's Association
 Safe Schools 1st Team, Tamalpais High School
 Jessica Dominguez, AT
 This award is valid through January 31, 2021**

**Positive Coaching Alliance
 Shannon McKillop-Herr
 2017 Triple Impact Competitor Scholarship
 Drake athlete: Cross Country, Track & Field**

**Gatorade California
 Boys Cross Country Runner of the Year
 Liam Anderson
 Redwood Cross Country & Track**

2017-18 MCAL Players of the Year

Fall, 2017	G Tennis	Camilla Tarpey-Schwed (11)	Tamalpais
Fall, 2017	B Water Polo	Quinn Woodhead (12)	Drake
Fall, 2017	G Water Polo	Kate McCarthy (11)	Drake
Fall, 2017	G Cross Country Runner of the Year	Gillian Wagner (12)	Redwood
Fall, 2017	B Cross Country Runner of the Year	Liam Anderson (11)	Redwood
Fall, 2017	G Golf – Spirit of the Game Sportsmanship Award	Natalie Gooden (12)	Tamalpais
Winter, 2018	B Basketball	Noah Bice (12)	Drake
Winter, 2018	B Soccer	Eamon Rogan (12)	Redwood
Winter, 2018	G Soccer	Reilly Johnson (12)	Tamalpais
Winter, 2018	Wrestling: Ralph Cutler Award	Spencer Dow (12)	Redwood
Spring, 2018	B Golf	Kane Lauterman (10)	Redwood
Spring, 2018	G Runner of the Year	Gillian Wagner (12)	Redwood
Spring, 2018	Baseball Player of the Year	Eamonn Lance (11)	Drake
Spring, 2018	Baseball Pitcher of the Year	Ryan McLaughlin (12)	Drake
Spring, 2018	B Tennis	Luke Neal (9)	Redwood
Spring, 2018	B Swimmer of the Year	Ivan Kurakin (12)	Redwood
Spring, 2018	B Track & Field: Field Events	Will Holden-Wingate (9)	Tamalpais
Spring, 2018	G Track & Field: Track	Gillian Wagner (12)	Redwood

Pennants: RR = Round robin before MCAL playoffs; all others are playoff pennants. As of May 16, 2018, when this report was due, many teams were still in spring NCS competition.

Tamalpais Pennants:

Fall: MCAL: G Cross Country, G Tennis
Winter: MCAL: B JV Basketball, G V Soccer, G Frosh Basketball
Spring: MCAL: G Swimming, B Tennis,
NCS:
Still in progress:
NCS Scholastic Pennants: G V Basketball, G V Soccer

Tamalpais Hosted MCAL/NCS Events:

Fall: MCAL: G Tennis
Winter: MCAL: B & G Basketball, G Soccer, Super-match Wrestling
NCS: G Basketball, G Soccer
Spring: MCAL: B Tennis: Team & Individual/Doubles, Softball, B & G V Lacrosse
NCS: B Tennis, G Lacrosse Still in Progress: Baseball, Softball, G Lax, Track & Field, Swimming/Diving, B Golf, B Tennis
Still in Progress: CIF Swimming, NCS/CIF Track & Field, NCS Baseball, NCS Softball, NorCal Golf

Drake Pennants:

Fall: MCAL: G Cross Country, B Cross Country, B V Water Polo, G V Water Polo
NCS: B Cross Country, G V Water Polo, B V Water Polo, G Cross Country - 2nd
Nor-Cal: B Water Polo
State: B Cross Country - 2nd
Winter: MCAL: B Basketball RR, Wrestling RR, Wrestling
Spring: MCAL: B Swimming, B Volleyball RR
NCS: Still in progress
NCS Scholastic Pennants: B V Water Polo, G V Basketball, B V Basketball, G V Soccer, B V Soccer, Wrestling

Drake Hosted Events:

Fall: NCS: G Volleyball, B Water Polo, G Water Polo
Nor-Cal: G Water Polo, B Water Polo
Winter: MCAL: B Soccer, B Basketball
NCS: B Soccer, G Soccer, B Basketball
Spring: MCAL: B Volleyball, B Team Tennis, Diving, Swimming
NCS: B Team Tennis,

Redwood Pennants:

Fall: MCAL: G JV Volleyball, F/S Football
Winter: MCAL: B V Soccer (RR & P), B JV Soccer, G V Basketball (RR & P), G JV Basketball
Spring: MCAL: B V Lacrosse (RR), B JV Lacrosse, B V Tennis (RR), G V Track & Field (RR & P), B V Golf (RR & P), JV Baseball, F Baseball
NCS: B V Team Tennis
Still in progress: NorCal B Tennis, NCS/CIF Swimming & Diving, NCS/CIF Track & Field, NCS Baseball, NCS Softball
NCS Scholastic Pennants: G V Water Polo, V Wrestling, G V Soccer, B V Lacrosse
Individual Recognition: Gillian Wagner: Cross Country: MCAL 1st Place, NCS Runner-Up, CIF State 1st Place;
Liam Anderson: MCAL 1st Place, NCS 1st Place, CIF State 1st Place
Jack Bulger: MCAL Singles 1st Place
Luke Neil: NCS Singles Runner-Up

Redwood Hosted MCAL/NCS Events:

Fall: MCAL: G Volleyball, G Team Tennis

NCS: G Team Tennis

Winter: MCAL: B Soccer, G Basketball, B Basketball, B & G Basketball Finals

NCS: G Basketball, B Basketball, B Soccer, G Soccer

Spring: MCAL: B Team Tennis, G Lacrosse, B Lacrosse, Baseball, Track & Field

NCS: B Lacrosse, B Team Tennis, B Lacrosse

Still in progress: B V Tennis Nor-Cals, CIF Swimming, NCS/CIF Track & Field, NCS Baseball, NCS Softball

ATHLETIC PARTICIPANTS BY SPORT AND TEAM FOR 2017-18:

The District statistics for participation in MCAL teams give you an idea of the duplicated student participation in athletics at the three comprehensive high schools. The growth in athletic participation mirrors the growth of the school population growth. As you can see, the three Athletic Directors are supervising a total after-school program almost twice as large as one of our comprehensive schools.

	05-06	06-07	07-08	08-09	09-10	10-11	11-12	12-13	13-14	14-15	15-16	16-17	17-18
Tam	762	780	682	780	812	862	898	900	912	906	906	939	906
Drake	640	673	706	748	750	715	740	706	685	685	816	795	847
Redwood	780	748	829	889	962	962	985	991	1045	1040	1048	1064	1058
District	2182	2201	2217	2417	2524	2539	2623	2597	2642	2631	2770	2782	2811

Below is a list of the individual sports by season and number of participants this year at each site. Note that some students participate in more than one sport, so the actual number of student athletes is ± 80% of the number of total team members.

2017-18 Sports Participation

FALL SPORTS	Tamalpais	Drake	Redwood	District Totals	Cuts
Cheerleading, Sideline: Coed	24	8	28	60	R=16
Cross Country: Boys' Varsity	24	27	32	83	R=21
Cross Country: Girls' Varsity	30	21	18	69	R=10
Field Hockey	33	24	30	87	R=18
Football: Varsity	29	20	31	80	R=8
Football: Frosh/Soph	23	26	46	95	R=12
Golf: Girls' Varsity	6	6	14	26	R=2
Tennis: Girls' Varsity	29	16	20	65	R=1 D=5
Volleyball: Girls' Varsity	11	13	15	39	R=0
Volleyball: Girls' JV	11	10	12	33	R=5
Volleyball: Girls' Freshman	0	10	12	22	R=8
Water polo: Boys' Varsity	20	19	23	62	R=4
Water polo: Boys' JV	21	20	20	61	R=3
Water polo: Girls' Varsity	15	18	17	50	R=3
Water polo: Girls' JV	18	12	23	53	R=4

FALL TOTALS	294	250	341	885	
WINTER SPORTS					
Basketball: Boys' Varsity	17	16	15	48	R=9
Basketball: Boys' JV	15	14	18	47	R=14
Basketball: Boys' Freshman	15	15	20	50	R=30 D=24
Basketball: Girls' Varsity	13	14	10	37	R=3
Basketball: Girls' JV	10	10	9	29	R=5
Basketball: Girls' Freshman	11	9	10	30	R=7
Cheerleading, Sideline: Coed	24	8	35	67	R=18
Soccer: Boys' Varsity	22	32	25	79	R=13
Soccer: Boys' JV	20	24	26	70	R=34
Soccer: Girls' Varsity	22	29	24	75	R=3
Soccer: Girls' JV	19	37	20	76	R=21
Wrestling: Coed Varsity	25	24	35	84	R=11
WINTER TOTALS	213	232	247	692	
SPRING SPORTS					
Baseball, Varsity	15	18	22	55	R=2
Baseball, Frosh/Soph	17	19	19	55	R=5
Baseball, Freshman	19	16	18	53	R=10
Golf, Boys' Varsity	11	10	22	43	R=7
Lacrosse: Boys' Varsity	20	18	28	66	R=0
Lacrosse: Boys' JV	18	9	27	54	R=9
Lacrosse: Girls' Varsity	19	22	23	64	R=1
Lacrosse: Girls' JV	19	34	20	73	R=4
Softball: Varsity	14	16	15	45	R=0
Softball: JV	0	0	15	15	R=1
Swimming and Diving: Boys'	40	32	55	127	R=12
Swimming and Diving: Girls'	55	45	62	162	R=23
Tennis: Boys' Varsity	30	23	24	77	R=8
Track: Boys' Varsity	49	57	70	176	R=19
Track: Girls' Varsity	57	31	35	123	R=7
Volleyball: Boys' Varsity	16	15	15	46	R=5
SPRING TOTALS	399	365	470	1234	
GRAND TOTALS	906	847	1058	2811	
TOTAL TEAMS	41	42	43	126	
	32.2%	30.1%	37.6%		

MARIN ATHLETIC FOUNDATION -- UNIFIED SPORTS RECOGNITION

Unified Sports Program Unified Sports is an inclusive sports opportunity that engages a wide range of students on school campuses. By following the simple notion that training and playing together can forge a quick path to friendship, Unified Sports brings students together around the principles of teamwork and community. The program offers students, with and without disabilities, an opportunity to compete together for a common goal. Unified Sports works to create conditions that support greater inclusivity, acceptance, and integration on school campuses. Below are the senior unified athletes. As you can see, TUHSD has the largest number of senior participants this year. Here is the link to the video made this year featuring the [Marin County Unified Basketball Tournament](#) held at Drake.

School	First Name	Last Name
Drake	Noah	Bice
Drake	Nic	Epstein
Drake	Tenaya	Juge
Drake	Nick	Marcotte
Drake	Hannah	Schindler
Grant Grover	Isaias	Bezerra
Grant Grover	Maria	Maravillas-Contreras
Redwood	Annie	Connors
Redwood	Mike	Cortesi
Redwood	Ben	Kelly
Redwood	Cameron	Klemme
Redwood	Max	Kokoszka
Redwood	Natalie	Veto
San Rafael	Ismail	Lopez
Tamalpais	Charlie	Allred
Tamalpais	Roland	Buffington-Wong
Tamalpais	David	Miller
Tamalpais	Jacob	Swergold
Terra Linda	Gigi	Bourgeois
Terra Linda	Zack	Swank
Terra Linda	Geri	Williams

OUTSTANDING STUDENT ATHLETES

TAMALPAIS

Reilly Johnson



Reilly Johnson has been playing soccer since she was around six years old and has been playing competitively since the age of eight. She has achieved many honors since then as she has continued to dominate in the sport she loves. Among them are JV Defensive Player of the Year as a freshman, and captain of the Varsity Soccer Team, as well as MCAL Player of the Year in her senior year. Reilly has also been named an NCS Scholar Athlete for all four years. Just this March, Reilly received the Student Athlete of the Year Award from Tam High based on her excellence in her athletic involvement and leadership, as well as her positive contributions in the classroom and community. These school and community activities play an important part in this student-

athlete's life. She has been a member of the Link Crew at school, an assistant cross country coach for Marin Youth Trails Runs, and a volunteer at a cat boarding facility. Reilly is undecided on which college she will attend in the fall, but she is certain she would like to play club or intramural soccer wherever she lands.

Noah Haynesworth



Noah Haynesworth has had a three year varsity basketball career and was captain of his squad his senior year. He also earned all-league honors in his only varsity football season senior year. He received the Student Athlete of the Year Award this year. " This award means the world to me," he says. " I had the chance to play with my brothers everyday and go to the school I've grown to love over my four years here. I've never been acknowledged for my efforts as both a student and athlete, so I am very honored to receive an award that is so rare." In addition to his academics and sports Noah finds time to be of help to others. He has been a part of Link Crew for the past three years helping new students become part of the Tam High community. While enrolled in W.I.S.E. Mentoring, Noah tutors students to improve their lives academically and socially. His coach, Tim Morgan asserts, "Noah invests a good amount of energy, will, and power into everything he does. He is a special person with many strong attributes that will serve him well in the future."

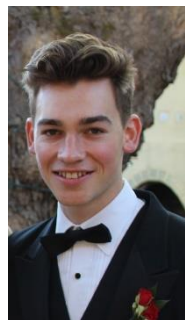
SIR FRANCIS DRAKE

Kirsty Star



Kristy will be heading to Los Angeles in the fall to attend UCLA where she intends to be a Public Health major. This following her four very successful years as a student-athlete at Sir Francis Drake High School where she has earned a 4.32 GPA and is a member of the Drake Honor Crew and the California Scholarship Federation. Being an incredibly well rounded person, Kristy has belonged to the Partners at Lunch Club, Peer Resource Team, Link Crew and the Concert Choir. Athletically, Kristy has excelled in soccer, swimming and volleyball, earning 3 MVP awards, as well as 1st team MCAL award. Volleyball coach, Breana Thomas says, "Her positivity and overall optimism leads people to gravitate to her. At her age, she already has an incredible understanding of how to take initiative and be resourceful while still being considerate and effectively listening to ideas, problems or suggestions. Her honesty and authenticity allow for an unparalleled speed of trust when forging new friendships. These attributes combine to generate trust and confidence and they are the very foundation a highly charismatic leader."

Noah Bice



"He may be small of stature but so big in so many other ways. His toughness was always evident, his smarts led him to make good decisions, and his unselfish play endeared him to his teammates," asserts coach Bret Tovani in respect to Noah Bice. "His leadership skills are extraordinary. The players around him respect his skills, his work ethic, and his dedication to doing the right thing. Consequently, they will follow him wherever he goes. It is what a leader does. It is these skills that will ultimately guide him to be successful in life beyond basketball. " In his senior year Noah was voted the team MVP by his teammates, the League Player of the Year by opposing coaches, and he led his team to the Round Robin Championship with a record of 13-1 in league play. Noah is active off the court as well serving as President of Partners at Lunch, a Transfer Student Specialist and a Crew Leader at school. He can also be found in the community volunteering at the Food Bank and Special Olympics.

REDWOOD

Gillian Wagner



Gillian is a top student as well as an outstanding athlete. She will graduate from Redwood High School with 9 Advanced Placement and Honors classes and currently maintains an incredible 4.67 GPA. Athletically, this young leader captained the varsity Cross Country team her junior and senior years, as well as the Track and Field team in her senior year. Her awards and achievements are numerous, including the 2017 MCAL, NCS, and CIF State Champion in Cross Country, and the 2017 MCAL Track Player of the Year and 2017 MCAL 1600 Champion, to name a few. According to her coach, Laura Schmitt, "Most star athletes take care of their personal needs but Gillian consistently takes care of others. All our freshman athletes look up to her both as a leader and a mentor. She demonstrates the qualities parents want to see in their children."

Spencer Dow



Spencer is a friendly, fun, outgoing, social guy who treasures and actively cultivates the community of family and friends that surrounds him. When faced with a difficult task, he gives it his all. He did this at the end of his sophomore year when he decided to prioritize academics as much as wrestling. He set himself the goals of achieving academically in order to get into a great college, as well as qualifying to wrestle at State - both of which he achieved. Winning two wrestling matches at the State Championships and being given the Award for Pursuing Victory with Honor are what he considers to be his biggest achievements. His coach and teammates helped and challenged him, and as team captain, he reciprocated both at Redwood High School and with the Brawlers Wrestling Club. Lochlan McHale, his wrestling coach adds, "Spencer truly embraces and embodies the student-athlete life. He is respected in a genuine fashion by his peers. Spencer will continue on to Villanova where he will "work towards continuing to have a positive impact on anyone he comes in contact with."