

# TUHSD Athletic Council

## NOTES

Tuesday, September 13, 2016

1. **Present:** Christina Amoroso, Lars Christensen, Chris McCune, Jessica Peisch, Larry Pratt, David Rice, Dan Sapp (Tam), Nate Severin, Jen Tippet (Redwood), Jen Valle (Drake), LaSandra White, Sue Chelini
2. **Move February 14 Athletic Council to January 24:** Everyone agreed.
3. **Athletic Trainers Update**
  - A. **UCSF Contract Status:** The District is paying 75% of the cost of the UCSF Contract for 2016-17. The parent clubs are paying 25%. Unless changed during the District budget process, the District will pay 100% of the cost of the contract in 2017-18.
  - B. **Personnel Changes:** Aubrey Yanda, Tam, has resigned. Her replacement is Jessica Dominguez. Drake will be covered for the Fall semester by Fernando Saldana (3 days/week) and Gina Biviano (2 days/week).
  - C. **Barrows Brain Book:** The 2016 Marin County Grand Jury recommended that all students receive concussion education through the Barrows Brain Book. UCSF has evaluated this program and does not believe it is ready to be used by high school students at this time. They will continue to work with the company with the goal of creating a useable program that will communicate concussion education in an appropriate format.
4. **ImPact Bulk Purchase:** The 2016 Marin County Grand Jury also recommend that ALL athletes be administered ImPACT baseline testing. If the District made a bulk purchase (10,000 baseline, 150 post-tests) considerable money would be saved over the yearly subscription price. **See below for the details.** 10,000 tests would last many years if only given at the current rate. In order to give baseline testing to more athletes, parent volunteers would need to be trained by the ATCs. Dan wondered if they would they be updated as the years go on (answer YES). Stability of the company? Drake wants to raise money for what they need. While Redwood offers baseline testing for free to all students, Tam and Drake ask for donations to fund-raise for other activities.
5. **Live Streaming of Games:** As part of registration, students/parents sign a media agreement with the school. LaSandra doesn't know the % of kids who opting out of that agreement. Currently, NFHS films all our volleyball championship games. Drake is looking into a program with students filming various athletic events. NFHS partners with CIF and NCS to live-stream post-season games. Member schools are not allowed to live-stream with anyone else for playoff events. Public can't watch it live unless they pay a small subscription. Dan believes there is too much for profit involved in sports now. His bias is not to support live-streaming. He wants to know our relationship with the organization. Lars reported that few schools take advantage of NFHS for league games. Christina mentioned the Tam Broadcasting Network. Lars doesn't think we need to worry about a privacy issue. The Athletic Council agreed that we did not need to develop a policy regarding live streaming athletic events.
6. **New Teams?**
  1. **General:** The District is in a budget crunch and is not in a mode to add any programs. If there is interest in a new team at all schools, we must add across the board. Schools are growing and the athletic program is limited resulting in more cuts on more teams. Title IX requirements must be considered. Parents cannot pay to establish a new team. If there is no MCAL league in a sport, teams must play independent resulting in more travel. Jen Tippet asked if athletic opportunities are keeping pace with the growing school population. Lars said we need to be thoughtful and conservative. Limitations to additions of sport include gym/field space and availability of lights. Dominican has established a club program for high school students who may get cut from school teams. Adding more to the AD workload without getting any more support is unsustainable too. We are taxing the existing human resources.
  2. **Field Hockey at Drake and Tam:** In June, lots of interest developed at Tam and Drake for adding field hockey. Sue will develop a staffing and budget proposal to present to the District in January. We would be adding girl's teams at two schools that already exist at Redwood. Lars mentioned that the equity issues would have to be addressed.

He said the District is in a correcting something rather than adding new. While there is demand at Redwood for a JV team, it is much more likely to add two varsity teams than a JV team.

3. **Freshman Soccer:** With the move of soccer to the winter season, there have been more cuts from both boys' and girls' soccer teams. In our area, soccer is one of the biggest sports. We are losing a lot of kids to club sports. Coaches are keeping more kids on teams than they should because of the numbers. There is an overwhelming demand for freshman soccer. However, reduced District budget and limited unlighted field space will make it unlikely we can field these teams. We would need six teams for the whole District. It generally costs about \$6,000/year minus start up costs (little for a freshman team) for a total of about \$36,000 for the District. Christina was concerned that we spread ourselves too thin so that we hurt the varsity team. There is a safety issue when freshman are playing with larger kids. No MCAL schools currently have freshman soccer, so there would not be an MCAL league. Freshman are developmental teams for the varsity. Chris said we could make it work if we have to. Nate asked how many kids we are turning away. Is it equivalent to a whole other team consistently over several years? Lars asked who they would play. There would be more travel and lost school time if there is no local league. More pieces need to come together to make this work. Lars thinks it is remarkable about how well the ADs made winter soccer work last year.
4. **Competitive Cheer:** Competitive Cheer (CC) will be a CIF-authorized sport beginning in 2017-18. Competitive Cheer will not count for Title IX numbers although a Stunt Team (ST) would. There must be league competition to get into section play-offs. Competitive Cheer is a Spring sport. Just because CIF recognizes the sport does not mean that a school/league must offer that sport. Sideline Cheer are Fall and Winter sports. CC/ST are likely to be very expensive sports since they may:

- a) require two coaches
- b) uniforms are expensive
- c) more liability insurance may be required
- d) travel may be required

7. **Weight Rooms/Bridge Athletics:** Chris and Nate said weight rooms are an issue on multiple fronts: Lack of access, Coaches taking kids in without safety guidelines, Supervision issues, and other issues. Bridge Athletics (BA) works with North Bay Aquatics and other organizations in the area. Drake has been looking into these issues for over a year and would like to partner with BA to provide a day of training for all coaches who want to use the weight room. BA would also provide training for a coach administrator at least a few days a week. BA has a very complex fitness program use with a weight room supervisor. That person would have a consultant agreement with Drake Fund and training through BA. The basic package is about \$4,000 for specific coaches, coach administrator and work out plans. There would be a \$1,000 stipend for coach administrator. The total for the year would be \$4,000. BA has much more expensive packages as well. This is the Phase 1 project. The weight room will be available to all students, not just athletes. Jessica asked if athletes will be required to have a physical if not already in school sport. Tam is piloting BA for just boys' soccer. The Tam coach is volunteering his team specific time. Dan is hoping to develop a relationship with a university exercise science program over time to staff weight rooms not just before and after school. He has received a positive response from USF as their interns need hours. Dan is willing to some leg work with other institutions. The challenge is utilizing resources and getting help. Stronger faster athletes suffer fewer injuries.

Nate: The issues are trained coaches and healthy athletes. Dan wants a weight program for a nominal fee. Exercise Science is exploding as a field. We need to be sure of the quality of accreditation of the trainers. Dan hopes we can get it to scale for the District.

8. **Unified Teams:** There is no fall unified program. The goal is to get some basketball games scheduled into a small league with Tam, Drake, Redwood, Terra Linda, San Rafael and possibly San Marin. The single games last year were very successful. The ADs are hoping for at least a four game schedule to be played right after school with one evening game between boys and girls games.
9. **Strategic Plan for 2016-17 (Renamed from Five-Year Plan):** Sue presented the Five-Year Plan at the May 24, 2016 meeting of the Board of Trustees. While they appreciated the vision and effort of the Athletic Council and ADs, the Board was concerned that the "Five-Year" plan only projected out three years and included work from previous years. They were also concerned about anything mentioning any improvements that would require financial commitment from the District. The Athletic Council agreed to rename the "Five Year Plan for Athletics" to the "Strategic Plan for Athletics". We will maintain

improvements made, but may not be able to go forward with any of the projected activities that require additional financial support from the District. The Strategic Plan will be posted on the District Athletic Website on the Athletic Council page.

#### **10. Fall Season Sports Updates:**

1. **Drake:** Boys' Cross Country won Stinson Beach Relays, the girls came in 3<sup>rd</sup>. Water polo placed 3<sup>rd</sup> at Santa Barbara Invitational out of 24 teams. Football is hanging in there. Golf is struggling with numbers. Girls' Tennis is doing well. Volleyball is doing OK and placed 2<sup>nd</sup> in a tournament last weekend.
2. **Redwood:** Teams are starting off strong. The Redwood girls' golf is the team to beat this year. Volleyball plays Branson tonight with a young team. Tennis beat Branson 4-5 last week. Field Hockey beat MC 8-1. Football starting 3-0 going in to MC on Saturday. Water polo starts league today. Tam/Redwood Tennis is next Thursday at Redwood. There will be an official at that match.
3. **Tam:** Tam will be holding a field hockey interest meeting next week. Both boys' and girls' cross country came in 2<sup>nd</sup> at Stinson. Football is 1-2 now. Tam just has varsity and frosh/soph. Girls' golf is in a rebuilding year. Girls' Tennis came in 5<sup>th</sup> on weekend tournament. Volleyball hosted a successful tournament with a brand new coach. Volleyball historically has been a struggling program. Boys' water polo won a tournament this weekend.

#### **11. Additional items that may come up:**

1. **Lights on fields:** Jessica asked why we don't have lights at TUHSD schools. There was discussion about what parents can do to make it happen? Past district administration hasn't supported it. If funds were raised for the lights, there are additional District costs for electricity and supervision. Fields could be rented longer hours in the fall/winter. Lights become a very political issue even though they are not turned on very often. It's not just what is happening on the field, but what is happening in the neighborhood
2. **District Facilities Master Plan:** Lars mentioned that all parents will be solicited for input gathering at seminars for a facilities master plan. This is the first input into meeting the physical needs of a growing student body. Meetings will be posted on line. .

#### **Confirm future meeting dates:**

**Athletic Council:** Tuesdays, 2:30-4:00, Carlisle Creekside

September 13, 2016

November 15, 2016

**January 24, 2017 (moved from February 14)**

April 18, 2017

**Athletic Directors Only,** Mondays, 11:00 a.m., Creekside

October 12, 2016 (Staff Development Day & MCAL)

March 13, 2017 (Staff Development Day)

May 15, 2017

#### **Marin Athletic Foundation**

Hall of Fame Banquet: Saturday, November 5, 2016, Embassy Suites

Golf Tournament: Monday, April 24, 2017, Indian Valley Golf Club

Outstanding Student Athlete Dinner: Monday, May 8, 2017, Embassy Suites

#### **NCS Athletic Directors' Association (NCSADA)**

Monday, September 26, 2016, Redwood High School (Kreps), 8:00-1:00

#### **National Interscholastic Athletic Administrators Association (NIAAA)**

Orlando, Florida, December 9-14, 2016, Nashville TN

#### **California State Athletic Directors' Association (CSADA)**

San Diego, April 19-23, 2017, Reno NV

**TAMALPAIS UNION HIGH SCHOOL DISTRICT  
ATHLETICS**

**To: TUHSD Athletic Booster Clubs**

**From: Sue Chelini, TUHSD Athletic Coordinator**

**Date: September 21, 2016**

**Re: ImPACT Bulk Purchase Information**

The 2016 Marin County Grand Jury studied concussions in high schools. The recommendation is that baseline testing be administered to all athletes, especially those in contact sports such as football, soccer and lacrosse. Concussions can be sustained by any athlete or non-athletes.

Currently, each school’s athletic booster club purchases a year’s subscription to ImPACT testing services. Costs vary depending on the number of tests to which the school chooses to subscribe. All tests expire at the end of the subscription period.

With the individual test bulk purchase option, all tests will be in our system until used (non-subscription basis, no renewal date). All unused tests carry over to the following years. The account is set up as an overseeing district umbrella account with each school added as a sub organization. The individual schools will pull out of the bulk amount as needed, and you can track the usage.

<b>Baselines:</b>		<b>Post-Tests:</b>	
300-4,999	\$2.25 per test	50-499	\$10 per test
5000-9999	\$1.85 per test	500+	\$8.50
10000+	\$1.45 per test		

**Total Proposed Bulk Cost:**  
 10,000 Baselines \$14,500  
 100 Post-Tests \$ 1,000

	<b>2015-16 Total Athletes</b>	<b>Cost per School</b>
Tam	32.5%	\$5,037.50
Drake	29.5%	\$4,572.50
Redwood	38%	\$5,890.00
<b>TOTAL</b>		<b>\$15,500.00</b>

**Questions from Athletic Council:**

1. If the ImPACT test is upgraded in the future, will ours also be upgraded?
  - o Yes. All ImPACT tests are on line and we would always get the upgraded version.
2. How many tests are given each year?
  - o Currently, Redwood Benchwarmers cover the cost of the testing. Tam Boosters and the Drake Athletic Committee charge a voluntary fee as a fund-raiser.
  - o Each school gives a few hundred tests in the administered by the athletic trainers. ATC time is limited.
  - o Redwood brings in teams at a one time, primarily football. Tam and Drake offer testing to parents overall.
  - o We could consider training parents to administer the tests to larger number of athletes or even non-athletes to increase the number
3. What will happen if ImPACT is no longer the concussion test of choice?
  - o We could decide at that time whether to continue with ImPACT or choose another vendor. Perhaps we would have left over tests in our packet.