

## 2023 REDWOOD SWIMMING SCHEDULE

2/06/23	Monday	Tryouts for Freshmen & Newcomers/1st Day of Practice for Team
2/08/23	Wednesday	Parents Meeting 6:00 PM Zoom or In-Person (Pending)?
2/20/23-2/24/23	M-F	Winter Break. Swim Practice 8:30 AM- 10:00 AM Each Day @ Redwood
3/06/23		Yearbook Picture 5:00. Practice 3:30-4:45.
3/10/23	Friday	San Marin at Redwood 4:00 - 6:00
3/14/23	Tuesday	Redwood at Tamaipais 4:00 - 6:00
3/17/23	Friday	Redwood at San Rafael 4:00 - 6:00
3/24/23	Friday	Redwood at Archie Williams 4:00 - 6:00
3/28/23	Tuesday	Terra Linda at Redwood 4:00 - 6:00
3/31/23	Friday	Redwood at Marin Catholic * (Swum at Redwood) 4:00 - 6:00
4/7/23	* Friday *	Novato at Redwood 4:00 - 6:00
4/10/23 - 4/14/23		Spring Break. Swim Practice 8:30 AM - 10:00 AM Each Day @ Redwood
4/21/23		Branson at Redwood (Senior Recognition) 4:00 - 6:00
4/28/23-4/29/23	F-S	MCAL CHAMPIONSHIPS Friday (4-7:30*) & Saturday (Noon-3:00*) at COM Indian Valley Campus, Novato
5/05/23-5/06/23		NORTH COAST SECTION CHAMPIONSHIPS (ALL DAY Fri. & Sat.) at Concord Memorial Pool, Concord, CA
5/12/23-5/13/23		STATE CHAMPIONSHIPS (ALL DAY Friday & Saturday, Thurs. Depart.) at Clovis West High School, Clovis, CA
TBD		Year End Banquet, Larkspur, CA

+ Attendance is REQUIRED at all practices on days that school is in session (& 3/20).

++ Attendance is REQUIRED for all Swim meets.

+++ Morning Workouts are available on; Monday's, Tuesday's & Thursday's (6:45 AM - 8:00 AM) as a supplement to an afternoon workout.

\* All Meets; Dates, Start & End Times are subject to change pending the MCAL Coaches Meeting on 1/30/23.