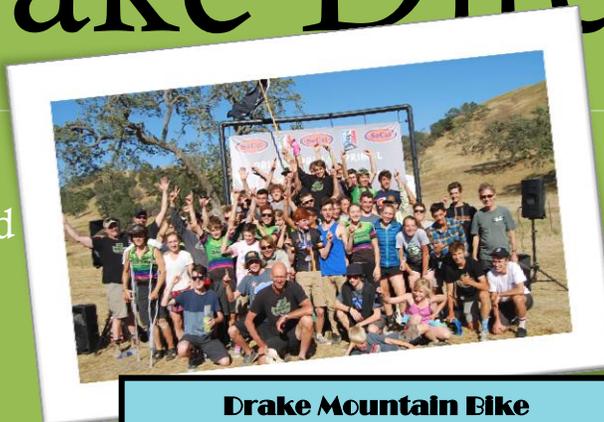


The Drake Direct

A newsletter from the administrative, counseling and teaching staff at Sir Francis Drake High School



Drake Mountain Bike State Champions 2016!

May 2016

Drake High School

Attendance: 415-458-3418

E-mail communication: first name initial last name@tamdistrict.org

Example: lseabury@tamdistrict.org

Counseling Information:

- Kyle Kassebaum: 415-458-3442
- Katie Paulsen: 415-458-3435
- Sheila Souder: 415-458-3436
- Molly Yasuda: 415-458-3439

Assistant Principals: 415-458-3414

- **David Rice:** Grade 9/10-ROCK & Galileo Grade 11/12- Students A-J
- **Chad Stuart:** Grade 9/10- TREK & Mobius Grade 11/12-Students K-Z

Drake High Online:

- tamdistrict.org/drake
- Twitter:@drakehighschool

Drake Wellness....A New Chapter

Liz Seabury, Principal

While there has been much talk recently about Wellness in the district, Drake has embraced the concept and many practices of wellness for years and is excited about our new chapter. In our preparation for the expanding Wellness Centers within TUHSD, we developed a Drake Wellness Design Team, made of staff, students and parents, to create a plan of action for student wellness at Drake. The working plan will be available on our website once the finishing touches have been completed and our Wellness Coordinator hired.

The Drake Wellness Design Team deserves a huge THANK YOU for their time, thinking, research and commitment to this project. Their study of Drake wellness, health services, survey development and analysis. Wellness center site visits and development of a plan of action provided us with a process journey that allows us to take the next step for wellness at Drake. If you are interested in any of the survey results for Drake or the other schools, please see the TUHSD Wellness page at:

<http://www.tamdistrict.org//site/Default.aspx?PageID=8611>

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Senior Events

Senior Awards Evening- May 26 @ 6:45pm

Last Chapter Dinner- June 3 @ 7:00pm

Senior Picnic- June 6 –all school day

Senior Breakfast- June 9@ 9:00am

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GRADUATION June 10 @ 4:00 pm

Drake Wellness - A New Chapter

The Drake Wellness Plan is a collection of both what we have been doing for years to ensure student wellness on campus AND identified new outcomes from our study this year. The Plan is organized into four goals for student wellness. Goal 1 is focused on education and prevention. Our work here primarily outlines our current Social Issues class and our new approaches to ongoing education through both the Drake Wellness Center and new approaches to education and prevention by our Peer Resource program with a focus on 11th and 12th grade students. The second goal addresses our youth engagement. We are developing a Student

Wellness Team in 2016-17 to offer students opportunities to engage in their own well-being. This team will also advise the Wellness Center development as we prepare to open in the spring. Interested students should contact Assistant Principal, David Rice.

Our third goal highlights our Counseling support services. Drake has amazing counselors and their role in wellness is foundational. This section of the plan will outline the goals they have and the services they provide to support every student at Drake. The final area of the Plan outlines our Wellness Center. This area is developed jointly by the District Wellness Director, Jessica Colvin, and our Design Team. We are in the

process of hiring a Wellness Coordinator and this person will implement this section of the plan. They will work in collaboration to implement the plan.

The first two goals are being developed for fall implementation. Our counseling goal is ongoing. The Center will be developed in the fall with the work of both Jessica Colvin and our Coordinator. We plan to have the doors of the Center open second semester with a number of services and education for students. Our hope is to have services and education throughout the year.

Thank you for your support of our wellness work and keep your eyes and ears open in August for more updates and information about Drake Wellness!

A Look at Learning: Another Look at Tutorial

By: Chad Stuart, Assistant Principal

Moving forward to next year, our work with tutorial will continue to improve and deepen the model. The two hours a week we have for tutorial is important time for our students. Our ongoing goal is to create the learning environment for our students to best access the level of support they need to be successful in school. We have identified three different levels of learning and have created three different spaces for kids to use this time to best meet their needs in their school work.

Independent Learning: We have created three spaces for students to work independently on their own work. They can use space in the library, the main office for project work and a computer lab. Students need to sign up in the library or the main office for these spaces.

Classroom Supported Learning: All teachers hold a classroom work space for students to attend. These classrooms have the teacher available to get support from the teacher. Most classrooms operate in this manner and students can choose what room they want to visit for each tutorial. Any encouragement from home on what teacher your student should be visiting is welcome!

Mandatory Workshops: These tutorial spaces are specially designed by teachers for students who require specific re-teaching or support. These students will receive a pass and they are required to attend these. Attendance is taken and monitored by the Assistant Principals.

If you have any questions on our tutorial program, please contact Chad Stuart at (415) 458-3414.

Drake Calendar of Events for June AND August

Date	Event	Notes
5/26/16	Senior Awards	Drake Gym at 6:45 pm
5/30/16	Memorial Day	No school for staff and students
6/3/16	Last Chapter Dinner	Seniors and their parents 6:30 pm
6/6/16	Senior Picnic	Contact Tanya Jaspering for Information
6/10/16	GRADUATION	4:00 pm Baseball field
August/September		
8/16	Schedules open for students	Email will provide details for dates
8/17/16	FIRST DAY OF SCHOOL	All Pirates come at 8:00am
9/1/16	Back to School Night	6:30 in the gym
9/2/16	Minimum Day	School day is over at 12:45pm
9/8/16	New to Drake "Talks"	For new parents interested in learning more!
9/9/16	New to Drake Coffee	Join us in the morning to learn about Drake!

The California Healthy Kids Survey

Every two years, the state of California collects data from our students on their behavior around their own mental, physical health, substance use and abuse and other student wellness issues. Our students had the opportunity to take this survey this spring.

This year, the state is also asking our parents to participate in this important survey. This data is relied upon heavily by the schools, county and community agencies to focus our resources on helping our students be as healthy as they can be. We are asking that you participate in this survey which Liz Seabury recently emailed to you. We understand that there have been many different surveys this year and we feel this one is especially important for our work and the larger work of our Marin community. Thank you in advance for your help on this survey. If you have questions, please contact Chad Stuart at cstuart@tamdistrict.org 415-458-3414

INSTRUCTIONS FOR ACCESSING THE CALIFORNIA SCHOOL PARENT SURVEY- DRAKE HIGH SCHOOL

- Access the login page for the survey using the following URL:
- URL <https://surveys.wested.org/csps/QW624PM>
- Use the following school code and click the Take Survey button:
- School Code: RE62TH

LOCKERS AND PLANNERS - Sign up NOW!

LOCKERS- Due to the growing number of Pirates on campus, we are growing a touch short of lockers. However, we also know we assign lockers to students who do not use them, so, we are going to ask that students request lockers this year. For the 2016 – 2017 school year, sophomores, juniors and seniors who would like a **locker**: sign up [here](#).

PLANNERS- We would like to order planners for all students who use them without having excessive waste. We do order one planner for every freshman. We need all other students who want a planner to request one here. For the 2016 – 2017 school year, sophomores, juniors and seniors who would like a **complimentary planner**: sign up [here](#)

Academic Workshop: A new look.... for our 9/10 grade students.

- *College and Career Readiness or CCR*
- *Academic Support Workshop or ASW*

Supporting students through an Academic Workshop has been a staple in TUHSD. At Drake, we are taking a close look at how to use this support class to BETTER meet the needs of the students who want the help. We are splitting the class into two different approaches. The diagrams and descriptions are below.

For CCR information, please contact LoRayne Ortega at lortega@tamdistrict.org

For ASW information, please contact your student's counselor.



Academic Support Workshsop



College and Career Readiness (CCR)	Academic Support Workshop (ASW)
<p>Services Provided:</p> <ul style="list-style-type: none"> • Tutorials and college/peer tutors • College exploration and visits • 10,000 Degrees college readiness program • Scholastic skill development to support highly rigorous course work 	<p>Services Provided:</p> <ul style="list-style-type: none"> • Student Success Team Plans • Alternative testing settings • Peer Tutors and Mentors • College and career exploration • Counseling support
<p>Overview: Course will provide development in the student's growth mindset and other necessary academic skills to help students feel ready for college. Students will learn how and why they learn, as well as how to develop their own agency to meet their goals. This course is designed for the student who wants to be engaged academically and can use more skills and motivation to meet their potential.</p>	<p>Overview: Course will help students identify how they can be successful at school and provide them with the time and resources to meet those outcomes. Each student will participate in a team approach to have the support needed to reach their goals outlined by their teacher coach. This course is designed for students who have the potential but need both academic and personal support to meet their goals.</p>