

## Physiology Reading Log Format

### Redwood High School

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Throughout this course, you will be required to read and learn from textbooks, articles, websites and videos. The contents of these readings will be discussed and used in class. In order to prepare for these discussions and activities, you will record a summary of each reading as a Reading Log. Each summary may be handwritten or typed.

- Reading logs will be collected individually or stamped and collected as part of a packet at the end of a unit. Stamps will count for additional points in assessing the entire reading log.
  - The primary purpose of the reading log entry is to help you process the information contained in the reading. Identification of critical points is the primary goal of this process. Most reading logs will be between one and two sides of normal binder paper.
  - You will be allowed to use certain reading logs on some tests/quizzes.
  - You are expected to review and revise your reading log to reflect information learned during class discussions on the topic.
  - Since you are creating the reading log for the purpose of organizing *your* learning, the exact format you use in the summary is flexible.
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Record each Reading Log Entry in the following format:

- **Heading:**  
Assignment Date:  
Assignment Topic:  
Resource (textbook pages; article, video or website title):
- **Purpose:** Identify the purpose of your reading. What should you understand as a result of completing this assignment?
- **Vocabulary:** Determine and define key vocabulary words as you read.
- **Summary:** Summarize the reading. You may use an outline format, bullets, drawings, graphic organizers and/or short paragraphs to communicate your ideas. This will be the longest section of your reading log.
- **Visual:** Most reading selections include important visuals (i.e. diagrams, pictures, charts). If this is the case, identify one you feel is especially helpful in understanding the overall reading. Briefly summarize the information contained in that visual.
- **Reflection:** Identify any concepts or information that are unclear to you after the reading.